

## Product Information: Promote®

- 1 PROMOTE is a complete, balanced, high-protein formula for patients who need a higher proportion of calories from protein.
- 1 For tube or oral feeding.
- 1 For supplemental or sole-source nutrition.
- 1 Use under medical supervision.
- 1 High in protein (25% of Cal, 15 g/8 fl oz). Protein is needed for lean body tissue maintenance and repair.
- 1 1500 calories (1500 mL) provides at least 100% of the RDIs for 26 essential vitamins and minerals.
- 1 Fat blend has safflower, MCTs, and soy oils.
- 1 1 Cal/mL.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



### Safety Precautions

- 1 Not for IV use.
- 1 Not suitable for people with galactosemia.

### Ingredients

#### Liquid Vanilla:

Water, Corn Maltodextrin, Sodium Caseinate, Soy Protein Isolate, Soy Oil, Sugar. Less than 0.5% of: Medium Chain Triglycerides, Safflower Oil, Natural & Artificial Flavor, Calcium Citrate, Potassium Chloride, Magnesium Phosphate, Potassium Citrate, Calcium Phosphate, Cellulose Gum, Soy Lecithin, Choline Chloride, Ascorbic Acid, Carrageenan, Taurine, L-Carnitine, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Zinc Sulfate, Manganese Sulfate, Niacinamide, Calcium Pantothenate, Copper Sulfate, Riboflavin, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Vitamin A Palmitate, Beta-Carotene, Chromium Chloride, Folic Acid, Potassium Iodide, Sodium Molybdate, Sodium Selenate, Phylloquinone, Biotin, Vitamin D3, and Vitamin B12.

**Allergens:** Contains milk and soy ingredients.

### Availability

List Number	Item
62701	Promote / 33.8 fl oz (1L) Ready-To-Hang Prefilled Container / 8 ct
64834	Promote Vanilla / 8 fl oz (237 mL) Recloseable Carton / 24 ct

## Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV
Protein, g	15	
Fat, g	6	
Carbohydrate, g	31	
Total Sugars, g	5	
Added Sugars, g	5	
L-Carnitine, mg	36	
Taurine, mg	36	
Water, g	198	
Calories	237	
Vitamin A, mcg RAE	170 *	
Vitamin D, mcg	4	
Vitamin E, mg	6	
Vitamin K, mcg	21.3	
Vitamin C, mg	36	
Folate, mcg DFE	63	
Folic Acid, mcg	38	
Thiamin (Vitamin B1), mg	0.24	
Riboflavin (Vitamin B2), mg	0.32	
Vitamin B6, mg	0.33	
Vitamin B12, mcg	0.38	
Niacin, mg NE	3	
Choline, mg	87	
Biotin, mcg	4.7	
Pantothenic Acid, mg	0.79	
Sodium, mg	221	
Potassium, mg	632	
Chloride, mg	363	
Calcium, mg	205	
Phosphorus, mg	198	
Magnesium, mg	66	
Iodine, mcg	24	
Manganese, mg	0.7	
Copper, mg	0.4	
Zinc, mg	2.2	
Iron, mg	2.8	
Selenium, mcg	11	
Chromium, mcg	11	
Molybdenum, mcg	19	

## Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

\*80 mcg RAE of vitamin A activity supplied by 0.2mg/237mL beta-carotene

## Preparation

### Instructions for Use:

#### 8 fl oz carton

- 1 Store unopened at room temperature.
- 1 Shake well prior to opening.
- 1 Once opened, reclose, refrigerate and **use within 48 hours**.

### Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

### Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

### Ready-To-Hang Container

All medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

### For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.

### Precautions:

- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.