

Ensure[®] Compact Therapeutic Nutrition Shake

ENSURE COMPACT THERAPEUTIC NUTRITION is easy-to-drink in a 4-fl-oz bottle. Providing complete, balanced nutrition that helps to supplement an individual's diet when they are unable to consume 8 fl oz or volume-limited diet. For oral use. Ideal for Med Pass. For interim sole-source nutrition.*

* May need additional fluid intake.



Features

- Good source of protein (9 g/4 fl oz).
- Excellent source of plant-based omega-3 fatty acid, alpha-linolenic acid (320 mg ALA/4 fl oz).
- Good source of 25 essential vitamins and minerals.
- Easy-to-drink 4 fl oz.
- #1 Doctor recommended brand.
- Kosher made with dairy ingredients.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

Safety Precautions

- Use under medical supervision.
- Not for IV use.
- Not suitable for people with galactosemia.

Availability

List Number	Item
64356	Ensure Compact TN Nutrition Shake Vanilla / 4 fl oz (118 mL) Bottle / 24 ct

Ingredients

Vanilla Liquid

Water, Corn Syrup, Milk Protein Concentrate, Sugar, Soy Oil, Hydrolyzed Sodium Caseinate, Canola Oil, Corn Oil. Less than 0.5% of: Calcium Citrate, Calcium Carbonate, Natural & Artificial Flavor, Potassium Phosphate, Cellulose Gel, Magnesium Phosphate, Soy Lecithin, Choline Chloride, Potassium Chloride, Potassium Hydroxide, Ascorbic Acid, Magnesium Chloride, Sodium Citrate, Potassium Citrate, Salt, Cellulose Gum, Calcium Phosphate, Ferrous Sulfate, Magnesium Sulfate, dl-Alpha-Tocopheryl Acetate, Carrageenan, Zinc Sulfate, Citric Acid, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Potassium Iodide, Sodium Molybdate, Chromium Chloride, Sodium Selenate, Phylloquinone, Biotin, Vitamin D3, and Vitamin B12.

Contains milk and soy ingredients.

Nutrition Information

4 fl oz (118 mL)

Ensure® Compact Therapeutic Nutrition Shake

	Value	%DV*
Calories	220	
Total Fat, g	6	8
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	3	
Monounsaturated Fat, g	2	
Cholesterol, mg	10	3
Sodium, mg	160	7
Total Carbohydrate, g	32	12
Fiber, g	0	0
Total Sugars, g	9	
Added Sugars, g	9	17
Protein, g	9	18
Vitamin D, mcg	2	10
Calcium, mg	330	25
Iron, mg	4.5	25
Potassium, mg	330	8
Vitamin A		15
Vitamin C		50
Vitamin E		35
Vitamin K		15
Thiamin		30
Riboflavin		35
Niacin		25
Vitamin B6		30
Folate		25
Folic Acid, mcg	60	
Vitamin B12		30
Biotin		40
Pantothenic Acid		35
Phosphorus		15
Iodine		25
Magnesium		10
Zinc		25
Selenium		25
Copper		35
Manganese		35

Ensure® Compact Therapeutic Nutrition Shake

Chromium	30
Molybdenum	40
Chloride	8
Choline	20

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Instructions for Use:

- Shake well. Best served chilled.
- Once opened, reclose, refrigerate and **use within 48 hours**.
- If consumed directly from the container, cover, refrigerate and **use within 24 hours**.

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Availability

List Number	Item
64362	Ensure Compact TN Nutrition Shake Milk Chocolate 4 fl oz (118 mL) Bottle / 24 ct

Ingredients

Milk Chocolate Liquid

Water, Corn Syrup, Milk Protein Concentrate, Sugar, Soy Oil, Hydrolyzed Sodium Caseinate, Cocoa Powder (Processed with Alkali), Canola Oil, Corn Oil. Less than 0.5% of: Calcium Citrate, Calcium Carbonate, Potassium Phosphate, Soy Lecithin, Choline Chloride, Cellulose Gel, Potassium Hydroxide, Magnesium Chloride, Magnesium Phosphate, Ascorbic Acid, Salt, Potassium Citrate, Natural & Artificial Flavor, Potassium Chloride, Calcium Phosphate, Cellulose Gum, Sodium Citrate, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Carrageenan, Magnesium Sulfate, Zinc Sulfate, Citric Acid, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Potassium Iodide, Sodium Molybdate, Chromium Chloride, Sodium Selenate, Phylloquinone, Biotin, Vitamin D3, and Vitamin B12.

Contains milk and soy ingredients.

Nutrition Information

4 fl oz (118 mL)

Ensure® Compact Therapeutic Nutrition Shake

	Value	%DV*
Calories	220	
Total Fat, g	6	8
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	3	
Monounsaturated Fat, g	2	
Cholesterol, mg	10	3
Sodium, mg	160	7
Total Carbohydrate, g	32	12
Fiber, g	<1	<2
Total Sugars, g	10	
Added Sugars, g	10	20
Protein, g	9	18
Vitamin D, mcg	2	10
Calcium, mg	330	25
Iron, mg	4.5	25
Potassium, mg	330	8
Vitamin A		15
Vitamin C		50
Vitamin E		35
Vitamin K		15
Thiamin		30
Riboflavin		35
Niacin		25
Vitamin B6		30
Folate		25
Folic Acid, mcg	60	
Vitamin B12		30
Biotin		40
Pantothenic Acid		35
Phosphorus		15
Iodine		25
Magnesium		10
Zinc		25
Selenium		25
Copper		35
Manganese		35

Ensure® Compact Therapeutic Nutrition Shake

Chromium	45
Molybdenum	40
Chloride	8
Choline	20

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Instructions for Use:

- Shake well. Best served chilled.
- Once opened, reclose, refrigerate and **use within 48 hours**.
- If consumed directly from the container, cover, refrigerate and **use within 24 hours**.