



# Glucerna® 1.0 Cal

For people with diabetes

GLUCERNA 1.0 CAL is a reduced-carbohydrate, fiber- and fat-containing formula designed to blunt blood-glucose response in patients with abnormal glucose tolerance.<sup>1,2,3</sup> It provides 34.3% of total calories as carbohydrate. This helps minimize glycemic response. The formulation includes soy fiber to help maintain normal bowel function. Specialized nutrition for enhanced glycemic control compared to a standard formula. For patients with type 1 or type 2 diabetes or abnormal glucose response. For tube feeding. For supplemental or sole-source nutrition. 8-fl-oz containers with vanilla flavor can be used orally as well as for tube feeding. Use under medical supervision.

<sup>1</sup> Peters AL, et al. Am J Med. 1989;87:178-182.  
<sup>2</sup> Peters AL, Davidson MB. JPEN J Parenter Enteral Nutr. 1992;16:69-74.  
<sup>3</sup> McCargar LJ, et al. Mol Cell Biochem. 1998;188:81-89.



## Features

- Within the American Diabetes Association and American Heart Association recommendations favoring monounsaturated fats and limiting saturated fat to help manage lipid profiles.<sup>5,6</sup>
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

<sup>5</sup> Eckel R, et al. Circulation. 2014;129:S76-S99.  
<sup>6</sup> American Diabetes Association. Diabetes Care. 2021;44(Suppl.1):S53-S72.

## Safety Precautions

- Not for IV use.
- Not suitable for people with galactosemia.

## Availability

List Number	Item
64913	Glucerna 1.0 Cal Vanilla / 8 fl oz (237 mL) Recloseable Carton / 24 ct

## Ingredients

### Vanilla Liquid

Water, Corn Maltodextrin, High Oleic Safflower Oil, Sodium Caseinate, Soy Fiber, Fructose, Calcium Caseinate, Canola Oil. Less than 0.5% of: Soy Lecithin, Magnesium Chloride, Calcium Phosphate, Sodium Citrate, Natural & Artificial Flavors, Potassium Citrate, Inositol, Potassium Phosphate, Potassium Chloride, Choline Chloride, Ascorbic Acid, Taurine, L-Carnitine, Zinc Sulfate, dl-Alpha-TocopherylAcetate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Beta-Carotene, Folic Acid, Biotin, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin B12, and Vitamin D3.

Contains milk and soy ingredients.

## Nutrition Information

8 fl oz (237 mL)		
	Value	%DV
Protein, g	9.9	
Fat, g	12.9	
Saturated Fat, g	1.1	
Polyunsaturated Fat, g	2.2	

Monounsaturated Fat, g	9.2	
Carbohydrate, g	22.8	
Dietary Fiber, g	3.4 <sup>*</sup>	
Total Sugars, g	5.0	
Added Sugars, g	5.0	
L-Carnitine, mg	34	
Taurine, mg	25	
Inositol, mg	200	
Water, g/mL	202	
Calories	237	
Vitamin A, mcg RAE	450 <sup>†</sup>	
Vitamin D, mcg	1.7	
Vitamin E, mg	5.1	
Vitamin K, mcg	14	
Vitamin C, mg	50	
Folate, mcg DFE	167	
Folic Acid, mcg	100	
Thiamin (Vitamin B1), mg	0.38	
Riboflavin (Vitamin B2), mg	0.43	
Vitamin B6, mg	0.5	
Vitamin B12, mcg	1.5	
Niacin, mg NE	6.8	
Choline, mg	83.7	
Biotin, mcg	75	
Pantothenic Acid, mg	2.5	
Sodium, mg	220	
Potassium, mg	314	
Chloride, mg	325	
Calcium, mg	170	
Phosphorus, mg	170	
Magnesium, mg	67	
Iodine, mcg	25	
Manganese, mg	0.84	
Copper, mg	0.34	
Zinc, mg	3.8	
Iron, mg	3.0	
Selenium, mcg	12	
Chromium, mcg	20	
Molybdenum, mcg	25	

<sup>\*</sup>3.4 g of total dietary fiber from soyfiber.

<sup>†</sup>198 mcg RAE of vitamin A activity supplied by 0.5 mg of beta-carotene.

## Preparation

### Instructions for Use:

#### 8 fl oz container

- Store unopened at room temperature; avoid extreme temperatures.
- Shake well prior to opening.
- Clean top of can thoroughly before opening.
- Once opened, reclose or cover, refrigerate and **use within 48 hours**.
- If consumed directly from the container, cover, refrigerate and **use within 24 hours**.

#### • Oral Feeding

- May be used for total or supplemental nutrition.
- May be fed at room temperature or chilled.

#### • Tube Feeding

- Follow physician's instructions.
- Adjust flow rate and volume according to patient's condition and tolerance.
- Feed at room temperature using a feeding pump or syringe.
- Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- Avoid contamination during preparation and use.

### Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- Administer product at room temperature.
- THOROUGHLY wash hands with soap and water before handling container or feeding set.
- Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- For Use with Enteral Feeding Pumps:
  - Remove dust cover from RTH Safety Screw Cap.
  - Remove dust cover from feeding set connector.
  - Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
  - Turn connector collar clockwise until it is securely fastened.
  - Close clamp on set before inverting container.
  - Invert container and suspend, using hanging ring on bottom of container.
  - Follow directions for use provided by manufacturer of feeding sets.
  - Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.

# Glucerna® 1.2 Cal

For people with diabetes

GLUCERNA 1.2 CAL is a calorically dense formula that has CarbSteady®, including low-glycemic carbohydrates clinically shown to help minimize blood glucose response compared to a standard formula.<sup>1</sup> Specialized nutrition for enhanced glycemic control compared to a standard formula. For patients with type 1 or type 2 diabetes or abnormal glucose response. For tube or oral feeding. For supplemental or sole-source nutrition. Use under medical supervision.

<sup>1</sup> Alish C, et al. Diabetes Technol Ther. 2010;12:419-425.



## Features

- 20% of calories from protein to help promote anabolism and support wound healing.
- Within the American Diabetes Association and American Heart Association recommendations favoring monounsaturated fats and limiting saturated fat to help manage lipid profiles.<sup>3,4</sup>
- Provides an excellent source of plant-based omega-3 fatty acids (3 g ALA/1500 Cal) to support cardiovascular health.
- At 1.2 Cal/mL, patient needs can be met with less volume.
- Chromium picolinate, a more bioavailable form of chromium.
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

<sup>3</sup> Eckel R, et al. Circulation. 2014;129:S76-S99.

<sup>4</sup> American Diabetes Association. Diabetes Care. 2021;44(Suppl.1):S53-S72.

## Safety Precautions

- Not for IV use.
- Not suitable for people with galactosemia.

## Availability

List Number	Item
64918	Glucerna 1.2 Cal Vanilla / 8 fl oz (237 mL) Recloseable Carton / 24 ct

## Ingredients

### Vanilla Carton Liquid

Water, Sodium Caseinate, High Oleic Safflower Oil, Corn Maltodextrin, Canola Oil, Isomaltulose, Fructose, Soy Protein Isolate, Short-chain Fructooligosaccharides, Sucromalt, Glycerin, Milk Protein Concentrate. Less than 0.5% of: Soluble Corn Fiber, Oat Fiber, Soy Lecithin, Soy Fiber, Potassium Citrate, Magnesium Phosphate, Natural & Artificial Flavors, Potassium Chloride, Inositol, Calcium Carbonate, Calcium Citrate, Sodium Citrate, Ascorbic Acid, Choline Chloride, Salt, Potassium Hydroxide, L-Carnitine, Taurine, Carrageenan, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Vitamin A Palmitate, Pyridoxine Hydrochloride, Beta-Carotene, Riboflavin, Chromium Picolinate, Folic Acid, Biotin, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin B12, and Vitamin D3.

Contains milk and soy ingredients.

## Nutrition Information

8 fl oz (237 mL)

	Value	%DV
Protein, g	14.2	
Fat, g	14.2	
Saturated Fat, g	1.2	
Polyunsaturated Fat, g	3.1	
Monounsaturated Fat, g	9.7	
Carbohydrate, g	27.1	
Dietary Fiber, g	3.8 <sup>*</sup>	
Total Sugars, g	13	
Added Sugars, g	13	
L-Carnitine, mg	42	
Taurine, mg	32	
Inositol, mg	200	
Water, g	192	
Calories	285	
Vitamin A, mcg RAE	551 <sup>†</sup>	
Beta-Carotene, mcg	630	
Vitamin D, mcg	2	
Vitamin E, mg	5.3	
Vitamin K, mcg	24	
Vitamin C, mg	62	
Folate, mcg DFE	127	
Folic Acid, mcg	76	
Thiamin (Vitamin B1), mg	0.29	
Riboflavin (Vitamin B2), mg	0.33	
Vitamin B6, mg	0.38	
Vitamin B12, mcg	1.2	
Niacin, mg NE	6	
Choline, mg	88	
Biotin, mcg	57	
Pantothenic Acid, mg	1.9	
Sodium, mg	265	
Potassium, mg	480	
Chloride, mg	305	
Calcium, mg	190	
Phosphorus, mg	190	
Magnesium, mg	76	
Iodine, mcg	29	
Manganese, mg	0.38	
Copper, mg	0.38	
Zinc, mg	2.9	
Iron, mg	3.5	

Selenium, mcg	14	
Chromium, mcg	38	
Molybdenum, mcg	19	

\*1.4 g of total dietary fiber from soy, oat and corn fibers; 2.4 g from short-chain fructooligosaccharides.

†250 mcg RAE of vitamin A activity supplied by 0.63 mg of beta-carotene.

Preparation

Instructions for Use:

8 fl oz container

- Store unopened at room temperature; avoid extreme temperatures.
- Shake well prior to opening.
- Clean top of can thoroughly before opening.
- Once opened, reclose or cover, refrigerate and **use within 48 hours**.
- If consumed directly from the container, cover, refrigerate and **use within 24 hours**.

Oral Feeding:

- May be used for total or supplemental nutrition.
- May be fed at room temperature or chilled.

Tube Feeding:

- Follow physician's instructions.
- Adjust flow rate and volume according to patient's condition and tolerance.
- Feed at room temperature using a feeding pump or syringe.
- Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- Administer product at room temperature.
- THOROUGHLY wash hands with soap and water before handling container or feeding set.
- Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- Remove dust cover from RTH Safety Screw Cap.
- Remove dust cover from feeding set connector.
- Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- Turn connector collar clockwise until it is securely fastened.
- Close clamp on set before inverting container.
- Invert container and suspend, using hanging ring on bottom of container.
- Follow directions for use provided by manufacturer of feeding sets.
- Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.

# Glucerna® 1.5 Cal

For people with diabetes

GLUCERNA 1.5 CAL is a calorically dense formula that has CARBSTEADY® including low-glycemic carbohydrates clinically shown to help minimize blood glucose response.<sup>1</sup> Specialized high-calorie nutrition for enhanced glycemic control compared to high glycemic carbohydrates. For patients with type 1 or type 2 diabetes or abnormal glucose response. For tube or oral feeding. For supplemental or sole-source nutrition. Use under medical supervision.

<sup>1</sup> Alish C, et al. Diabetes Technol Ther. 2010;12:419-425.



## Features

- Contains a unique carbohydrate blend clinically shown to blunt postprandial glycemic response and improve glycemic variability.<sup>1,2</sup>
- 22% of calories from protein to help promote anabolism and support wound healing.
- Within the American Diabetes Association and American Heart Association recommendations favoring monounsaturated fats and limiting saturated fat to help manage lipid profiles.<sup>4,5</sup>
- Within the American Diabetes Association and American Heart Association recommendations favoring monounsaturated fats and limiting saturated fat to help manage lipid profiles.<sup>3,4</sup>
- Provides plant-based omega-3 fatty acids from canola oil (3 g alpha-linolenic acid, ALA/1500 Cal), to support cardiovascular health.<sup>4</sup>
- At 1.5 Cal/mL, patient needs can be met with less volume.
- Chromium picolinate, a more bioavailable form of chromium.
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

<sup>1</sup> Alish C, et al. Diabetes Technol Ther. 2010;12:419-425.

<sup>2</sup> Data on File: Study BK06 Part B. Abbott Nutrition, 2008.

<sup>3</sup> American Diabetes Association. Diabetes Care. 2021;44(Suppl.1):S53-S72.

<sup>4</sup> Eckel R, et al. Circulation. 2014;129:S76-S99.

<sup>5</sup> Diabetes Care. 2014 Jan; 37(Supplement 1): S120-S143. <https://doi.org/10.2337/dc14-S120>.

## Safety Precautions

- Not for IV use.
- Not suitable for people with galactosemia.

## Availability

List Number	Item
-------------	------

## Ingredients

## Nutrition Information

## Preparation

### Instructions for Use:

#### 8 fl oz container

- Store unopened at room temperature; avoid extreme temperatures.
- Shake well prior to opening.
- Clean top of can thoroughly before opening.
- Once opened, reclose or cover, refrigerate and **use within 48 hours**.

If prepared directly from the container, use immediately and use within 24 hours.

- If consumed directly from the container, cover, refrigerate and **use within 24 hours**.

#### Oral Feeding:

- May be used for total or supplemental nutrition.
- May be fed at room temperature or chilled.

#### Tube Feeding:

- Follow physician's instructions.
- Adjust flow rate and volume according to patient's condition and tolerance.
- Feed at room temperature using a feeding pump or syringe.
- Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- Avoid contamination during preparation and use.

#### **Ready-To-Hang Container**

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- Administer product at room temperature.
- THOROUGHLY wash hands with soap and water before handling container or feeding set.
- Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

#### For Use with Enteral Feeding Pumps:

- Remove dust cover from RTH Safety Screw Cap.
- Remove dust cover from feeding set connector.
- Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- Turn connector collar clockwise until it is securely fastened.
- Close clamp on set before inverting container.
- Invert container and suspend, using hanging ring on bottom of container.
- Follow directions for use provided by manufacturer of feeding sets.
- Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.