

# Glucerna Hunger Smart® Shake

Complete, Balanced Nutrition®

GLUCERNA HUNGER SMART SHAKE is a delicious meal or snack replacement to help manage blood sugar\* and hunger. Can be used as a meal or snack replacement, to help manage blood sugar\* and hunger. Use under medical supervision as part of a diabetes management plan.

\* Designed to help minimize blood sugar spikes compared to high-glycemic carbohydrates.



## Features

- Has CARBSTEADY®, a unique blend of slow-release carbohydrates designed to help minimize blood sugar spikes compared to high-glycemic carbohydrates.
- Contains 15 g of protein to help you manage hunger and 4-6 g of fiber.<sup>†</sup>
- 1 carbohydrate choice per 10 fl oz.
- Clinically shown<sup>‡</sup> to help minimize blood sugar spikes compared to instant oatmeal.<sup>1</sup>
- Antioxidants (vitamins C & E and selenium) to support the immune system.
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

<sup>1</sup> Data on File: Study BL33. Abbott Nutrition, Jan 2017.

<sup>†</sup> Data on file: BL60. Abbott Nutrition, 2022.

<sup>‡</sup> Dietary fiber: chocolate 6 g/10 fl oz, other flavors 4 g/10 fl oz

<sup>‡</sup> Studied in people with diabetes.

<sup>‡</sup> A study showed that Glucerna Hunger Smart, when consumed alone, resulted in a minimized blood sugar response compared to that from instant oatmeal over 4 hours in people with diabetes.

## Safety Precautions

- Not for tube feeding.
- Not for sole-source nutrition.
- Not for IV use.
- Not suitable for people with galactosemia.

## Availability

List Number	Item
68608	Glucerna Hunger Smart Classic Strawberry / 10 fl oz (296 mL) Bottle / 4 x 6 ct
66534	Glucerna Hunger Smart Creamy Strawberry / 10 fl oz (296 mL) Bottle / 2 x 6 ct

## Ingredients

### Classic Strawberry Liquid

Water, Milk Protein Concentrate. Less than 2% of: Canola Oil, Fructose, Corn Maltodextrin, Soy Protein Isolate, Calcium Caseinate, Soluble Corn Fiber, Corn Oil, Glycerin, Short-chain Fructooligosaccharides, Sodium Citrate, Natural & Artificial Flavors, Cellulose Gel, Soy Fiber, Magnesium Phosphate, Ascorbic Acid, Potassium Citrate, Potassium Chloride, Choline Chloride, Monoglycerides, Soy Lecithin, Cellulose Gum, Calcium Phosphate, Carrageenan, Sucralose, Salt, Magnesium Chloride, dl-Alpha-Tocopheryl Acetate, Acesulfame Potassium, Ferrous Sulfate, Gellan Gum, Zinc Sulfate, Niacinamide, Vitamin B12, Calcium Pantothenate, Red 3, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Manganese Sulfate, Riboflavin, Citric Acid, Copper Sulfate, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Potassium Iodide, Phylloquinone, Sodium Selenate, Sodium Molybdate, Biotin, and Vitamin D3.

Contains milk and soy ingredients.

## Nutrition Information

10 fl oz (296 mL)
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# Glucerna Hunger Smart® Shake

	10 FL OZ (290 mL)	
	Value	%DV*
Calories	180	
Total Fat, g	8	10
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	2.5	
Monounsaturated Fat, g	4	
Cholesterol, mg	10	3
Sodium, mg	300	13
Total Carbohydrate, g	14	5
Dietary Fiber, g	4	14
Total Sugars, g	6	
Added Sugars, g	6	11
Protein, g	15	30
Vitamin D, mcg	12	60
Calcium, mg	330	25
Iron, mg	4.5	25
Potassium, mg	330	8
Vitamin A		25
Vitamin C		100
Vitamin E		50
Vitamin K		30
Thiamin		35
Riboflavin		30
Niacin		25
Vitamin B6		35
Folate		30
Folic Acid, mcg	72	
Vitamin B12		25
Biotin		25
Pantothenic Acid		30
Phosphorus		25
Iodine		25
Magnesium		25
Zinc		30
Selenium		25
Copper		25
Manganese		20
Chromium		50
Molybdenum		40
Chloride		10

# Glucerna Hunger Smart® Shake

Choline 25

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Preparation

## Instructions for Use:

- Shake well. Best served chilled.
- Once opened, reclose, refrigerate and **use within 48 hours**.
- If consumed directly from the container, cover, refrigerate and **use within 24 hours**.

# Glucerna Hunger Smart® Shake

Complete, Balanced Nutrition®

GLUCERNA HUNGER SMART SHAKE is a delicious meal or snack replacement to help manage blood sugar\* and hunger. Can be used as a meal or snack replacement, to help manage blood sugar\* and hunger. Use under medical supervision as part of a diabetes management plan.

\* Designed to help minimize blood sugar spikes compared to high-glycemic carbohydrates.



## Features

- Has CARBSTEADY®, a unique blend of slow-release carbohydrates designed to help minimize blood sugar spikes compared to high-glycemic carbohydrates.
- Contains 15 g of protein to help you manage hunger and 4-6 g of fiber.†
- 1 carbohydrate choice per 10 fl oz.
- Clinically shown‡ to help minimize blood sugar spikes compared to instant oatmeal.<sup>1</sup>
- Antioxidants (vitamins C & E and selenium) to support the immune system.
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

<sup>1</sup> Data on File: Study BL33. Abbott Nutrition, Jan 2017.

<sup>†</sup> Data on file: BL60. Abbott Nutrition, 2022.

<sup>‡</sup> Dietary fiber: chocolate 6 g/10 fl oz, other flavors 4 g/10 fl oz

<sup>‡</sup> Studied in people with diabetes.

<sup>‡</sup> A study showed that Glucerna Hunger Smart, when consumed alone, resulted in a minimized blood sugar response compared to that from instant oatmeal over 4 hours in people with diabetes.

## Safety Precautions

- Not for tube feeding.
- Not for sole-source nutrition.
- Not for IV use.
- Not suitable for people with galactosemia.

## Availability

List Number	Item
68606	Glucerna Hunger Smart Peaches & Crème / 10 fl oz (296 mL) Bottle / 4 x 6 ct
67806	Glucerna Hunger Smart Peaches & Crème / 10 fl oz (296 mL) Bottle / 24 ct
67762	Glucerna Hunger Smart Peaches & Crème / 10 fl oz (296 mL) Bottle / 2 x 6 ct

## Ingredients

### Peaches & Crème Liquid

Water, Milk Protein Concentrate. Less than 2% of: Canola Oil, Fructose, Corn Maltodextrin, Soy Protein Isolate, Calcium Caseinate, Soluble Corn Fiber, Corn Oil, Glycerin, Short-chain Fructooligosaccharides, Sodium Citrate, Natural & Artificial Flavors, Cellulose Gel, Soy Fiber, Magnesium Phosphate, Ascorbic Acid, Potassium Citrate, Potassium Chloride, Choline Chloride, Monoglycerides, Soy Lecithin, Cellulose Gum, Calcium Phosphate, Carrageenan, Sucralose, Salt, Magnesium Chloride, dl-Alpha-Tocopheryl Acetate, Acesulfame Potassium, Ferrous Sulfate, Gellan Gum, Zinc Sulfate, Niacinamide, Vitamin B12, Calcium Pantothenate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Manganese Sulfate, Riboflavin, Citric Acid, Copper Sulfate, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Potassium Iodide, Phylloquinone, Sodium Selenate, Sodium Molybdate, Biotin, and Vitamin D3.

Contains milk and soy ingredients.

## Nutrition Information

# Glucerna Hunger Smart® Shake

	10 fl oz (296 mL)	
	Value	%DV*
Calories	180	
Total Fat, g	8	10
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	2.5	
Monounsaturated Fat, g	4	
Cholesterol, mg	10	3
Sodium, mg	300	13
Total Carbohydrate, g	14	5
Dietary Fiber, g	4	14
Total Sugars, g	6	
Added Sugars, g	6	11
Protein, g	15	30
Vitamin D, mcg	12	60
Calcium, mg	330	25
Iron, mg	4.5	25
Potassium, mg	330	8
Vitamin A		25
Vitamin C		100
Vitamin E		50
Vitamin K		30
Thiamin		35
Riboflavin		30
Niacin		25
Vitamin B6		35
Folate		30
Folic Acid, mcg	72	
Vitamin B12		25
Biotin		25
Pantothenic Acid		30
Phosphorus		25
Iodine		25
Magnesium		25
Zinc		30
Selenium		25
Copper		25
Manganese		20
Chromium		50
Molybdenum		40

# Glucerna Hunger Smart® Shake

Chloride	10
Choline	25

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Preparation

### Instructions for Use:

- Shake well. Best served chilled.
- Once opened, reclose, refrigerate and **use within 48 hours**.
- If consumed directly from the container, cover, refrigerate and **use within 24 hours**.

# Glucerna Hunger Smart® Shake

## Complete, Balanced Nutrition®

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\* Designed to help minimize blood sugar spikes compared to high-glycemic carbohydrates.



### Features

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- Contains 15 g of protein to help you manage hunger and 4-6 g of fiber.†
- 1 carbohydrate choice per 10 fl oz.
- Clinically shown‡ to help minimize blood sugar spikes compared to instant oatmeal.¹
- Antioxidants (vitamins C & E and selenium) to support the immune system.
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

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‡ Dietary fiber: chocolate 6 g/10 fl oz, other flavors 4 g/10 fl oz

§ Studied in people with diabetes.

¶ A study showed that Glucerna Hunger Smart, when consumed alone, resulted in a minimized blood sugar response compared to that from instant oatmeal over 4 hours in people with diabetes.

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- Not for tube feeding.
- Not for sole-source nutrition.
- Not for IV use.
- Not suitable for people with galactosemia.

### Availability

List Number	Item
68607	Glucerna Hunger Smart Classic Vanilla / 10 fl oz (296 mL) Bottle / 4 x 6 ct
67195	Glucerna Hunger Smart Classic Vanilla / 10 fl oz (296 mL) Bottle / 12 ct
62882	Glucerna Hunger Smart Homemade Vanilla / 10 fl oz (296 mL) Bottle / 2 x 6 ct

### Ingredients

#### Classic Vanilla Liquid

Water, Milk Protein Concentrate. Less than 2% of: Canola Oil, Fructose, Corn Maltodextrin, Soy Protein Isolate, Calcium Caseinate, Soluble Corn Fiber, Corn Oil, Glycerin, Short-chain Fructooligosaccharides, Natural & Artificial Flavors, Sodium Citrate, Cellulose Gel, Soy Fiber, Magnesium Phosphate, Ascorbic Acid, Potassium Citrate, Potassium Chloride, Choline Chloride, Monoglycerides, Soy Lecithin, Cellulose Gum, Calcium Phosphate, Carrageenan, Sucralose, Salt, Magnesium Chloride, dl-Alpha-Tocopheryl Acetate, Acesulfame Potassium, Ferrous Sulfate, Gellan Gum, Zinc Sulfate, Niacinamide, Vitamin B12, Calcium Pantothenate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Manganese Sulfate, Riboflavin, Citric Acid, Copper Sulfate, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Potassium Iodide, Phylloquinone, Sodium Selenate, Sodium Molybdate, Biotin, and Vitamin D3.

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### Nutrition Information

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	10 fl oz (296 mL)	
	Value	%DV*
Calories	180	
Total Fat, g	8	10
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	2.5	
Monounsaturated Fat, g	4	
Cholesterol, mg	10	3
Sodium, mg	300	13
Total Carbohydrate, g	14	5
Dietary Fiber, g	4	14
Total Sugars, g	6	
Added Sugars, g	6	11
Protein, g	15	30
Vitamin D, mcg	12	60
Calcium, mg	330	25
Iron, mg	4.5	25
Potassium, mg	330	8
Vitamin A		25
Vitamin C		100
Vitamin E		50
Vitamin K		30
Thiamin		35
Riboflavin		30
Niacin		25
Vitamin B6		35
Folate		30
Folic Acid, mcg	72	
Vitamin B12		25
Biotin		25
Pantothenic Acid		30
Phosphorus		25
Iodine		25
Magnesium		25
Zinc		30
Selenium		25
Copper		25
Manganese		20
Chromium		50
Molybdenum		40



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Chloride	10
Choline	25

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## Availability

List Number	Item
68604	Glucerna Hunger Smart Classic Chocolate / 10 fl oz (296 mL) Bottle / 4 x 6 ct
67198	Glucerna Hunger Smart Classic Chocolate / 10 fl oz (296 mL) Bottle / 12 ct
62885	Glucerna Hunger Smart Rich Chocolate / 10 fl oz (296 mL) Bottle / 2 x 6 ct

## Ingredients

### Classic Chocolate Liquid

Water, Milk Protein Concentrate, Cocoa (Processed with Alkali), Fructose. Less than 2% of: Canola Oil, Soluble Corn Fiber, Soy Protein Isolate, Calcium Caseinate, Corn Oil, Glycerin, Short-chain Fructooligosaccharides, Sodium Citrate, Cellulose Gel, Soy Fiber, Natural & Artificial Flavors, Magnesium Phosphate, Ascorbic Acid, Potassium Citrate, Potassium Chloride, Choline Chloride, Calcium Phosphate, Monoglycerides, Soy Lecithin, Sucralose, Cellulose Gum, Salt, Magnesium Chloride, Carrageenan, dl-Alpha-TocopherylAcetate, Acesulfame Potassium, Gellan Gum, Ferrous Sulfate, Zinc Sulfate, Niacinamide, Vitamin B12, Calcium Pantothenate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Manganese Sulfate, Riboflavin, Citric Acid, Copper Sulfate, Vitamin A Palmitate, Folic Acid, Potassium Iodide, Phylloquinone, Sodium Selenate, Chromium Chloride, Sodium Molybdate, Biotin, and Vitamin D3.

Contains milk and soy ingredients.

## Nutrition Information

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	10 fl oz (296 mL)	
	Value	%DV*
Calories	180	
Total Fat, g	8	10
Saturated Fat, g	1.5	7
Trans Fat, g	0	
Polyunsaturated Fat, g	2.5	
Monounsaturated Fat, g	4	
Cholesterol, mg	10	3
Sodium, mg	300	13
Total Carbohydrate, g	16	6
Dietary Fiber, g	6	21
Total Sugars, g	6	
Added Sugars, g	6	11
Protein, g	15	30
Vitamin D, mcg	12	60
Calcium, mg	260	20
Iron, mg	4.5	25
Potassium, mg	610	15
Vitamin A		25
Vitamin C		100
Vitamin E		50
Vitamin K		30
Thiamin		35
Riboflavin		30
Niacin		25
Vitamin B6		35
Folate		30
Folic Acid, mcg	72	
Vitamin B12		25
Biotin		25
Pantothenic Acid		30
Phosphorus		25
Iodine		25
Magnesium		25
Zinc		30
Selenium		25
Copper		60
Manganese		35
Chromium		100
Molybdenum		40

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