

Glucerna® Therapeutic Nutrition Shake

For people with diabetes

GLUCERNA THERAPEUTIC NUTRITION SHAKE has CARBSTEADY®, including slow-release carbohydrates clinically shown to help minimize blood glucose response.^{*,1} A great choice for patients who are trying to manage their blood glucose.* For patients with hyperglycemia/abnormal glucose tolerance resulting from metabolic stress, such as illness, trauma or infection. For oral use only. Use under medical supervision as part of a diabetes management plan.

* Designed to help minimize blood sugar spikes compared to high-glycemic carbohydrates.

¹ Fix BM, et al. Ann Nutr Metab. 2001;45(suppl 1):277.



Features

- Glucerna 1.0 Cal contains a fat blend which is within the American Heart Association and American Diabetes Association recommendations favoring monounsaturated and polyunsaturated fats and limiting saturated fat to help manage lipid profiles.^{3,4,5}
- 24 essential vitamins and minerals in 8 fl oz.
- 1 g NutraFlora® scFOS®†/8 fl oz. scFOS are prebiotics that stimulate the growth of beneficial bacteria in the colon.
- Antioxidant vitamins C and E to help protect against cell damage.
- Gluten-free.
- Halal.
- Kosher.
- Suitable for lactose intolerance.

† NutraFlora® and scFOS® are not registered trademarks of Abbott Laboratories.

³ Eckel R, et al. Circulation. 2014;129:S76-S99.

⁴ American Diabetes Association. Diabetes Care. 2021;44(Suppl.1):S53-S72.

⁵ Lichtenstein A, et al. 2021. Circulation. 2021; 144:e472–e487. DOI: 10.1161/CIR.0000000000001031

⁵ American Diabetes Association Professional Practice Committee. Diabetes Care 2022;45 (Suppl. 1):S60–S82

Safety Precautions

- Not for tube feeding.
- Not for sole-source nutrition.
- Not for IV use.
- Not suitable for people with galactosemia.

Availability

List Number	Item
64925	Glucerna Therapeutic Nutrition Shake Creamy Strawberry / 8 fl oz (237 mL) Recloseable Carton / 24 ct

Ingredients

Creamy Strawberry Liquid

Water, Corn Maltodextrin, Milk Protein Concentrate, Fructose, Canola Oil. Less than 2% of: Glycerin, Soy Protein Isolate, Corn Oil, Soluble Corn Fiber, Soy Fiber, Short-chain Fructooligosaccharides, Potassium Citrate, Magnesium Phosphate, Natural & Artificial Flavor, Salt, Choline Chloride, Ascorbic Acid, Cellulose Gel, Calcium Phosphate, Soy Lecithin, Monoglycerides, Potassium Chloride, Potassium Hydroxide, Calcium Carbonate, Carrageenan, Cellulose Gum, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Acesulfame Potassium, Zinc Sulfate, Niacinamide, Red 3, Calcium Pantothenate, Manganese Sulfate, Sucralose, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Copper Sulfate, Beta-Carotene, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Phylloquinone, Biotin, Vitamin D3, and Vitamin B12.

Contains milk and soy ingredients.

Glucerna® Therapeutic Nutrition Shake

Nutrition Information

	8 fl oz (237 mL)	
	Value	%DV*
Calories	220	
Total Fat, g	9	12
Saturated Fat, g	0.5	4
Trans Fat, g	0	
Polyunsaturated Fat, g	3	
Monounsaturated Fat, g	4	
Cholesterol, mg	<5	<2
Sodium, mg	210	9
Total Carbohydrate, g	26	9
Dietary Fiber, g	4	14
Total Sugars, g	7	
Added Sugars, g	7	13
Protein, g	10	20
Vitamin D, mcg	10	50
Calcium, mg	260	20
Iron, mg	4.5	25
Potassium, mg	380	8
Vitamin A		30
Vitamin C		100
Vitamin E		50
Vitamin K		20
Thiamin		25
Riboflavin		25
Niacin		25
Vitamin B6		25
Folate		25
Folic Acid, mcg	60	
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Phosphorus		20
Iodine		25
Magnesium		25
Zinc		25

Glucerna® Therapeutic Nutrition Shake

Selenium		20
Copper		25
Manganese		25
Chromium		50
Molybdenum		40
Chloride		10
Choline		25

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Preparation

Instructions for Use:

- Shake well. Best served chilled.
- Once opened, reclose, refrigerate and **use within 48 hours**.
- If consumed directly from the container, cover, refrigerate and **use within 24 hours**.

Glucerna® Therapeutic Nutrition Shake

For people with diabetes

GLUCERNA THERAPEUTIC NUTRITION SHAKE has CARBSTEADY®, including slow-release carbohydrates clinically shown to help minimize blood glucose response.*¹ A great choice for patients who are trying to manage their blood glucose. For patients with hyperglycemia/abnormal glucose tolerance resulting from metabolic stress, such as illness, trauma or infection. For oral use only. Use under medical supervision as part of a diabetes management plan.

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¹ Fix BM, et al. Ann Nutr Metab. 2001;45(suppl 1):277.



Features

- Glucerna 1.0 Cal contains a fat blend which is within the American Heart Association and American Diabetes Association recommendations favoring monounsaturated and polyunsaturated fats and limiting saturated fat to help manage lipid profiles.^{3,4,5}
- 24 essential vitamins and minerals in 8 fl oz.
- 1 g NutraFlora® scFOS®†/8 fl oz. scFOS are prebiotics that stimulate the growth of beneficial bacteria in the colon.
- Antioxidant vitamins C and E to help protect against cell damage.
- Gluten-free.
- Halal.
- Kosher.
- Suitable for lactose intolerance.

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⁵ American Diabetes Association Professional Practice Committee. Diabetes Care 2022;45 (Suppl. 1):S60–S82

Safety Precautions

- Not for tube feeding.
- Not for sole-source nutrition.
- Not for IV use.
- Not suitable for people with galactosemia.

Availability

List Number	Item
64927	Glucerna Therapeutic Nutrition Shake Classic Butter Pecan / 8 fl oz (237 mL) Reclose Carton / 24 ct

Ingredients

Classic Butter Pecan Liquid

Water, Corn Maltodextrin, Milk Protein Concentrate, Fructose, Canola Oil. Less than 2% of: Glycerin, Soy Protein Isolate, Corn Oil, Soluble Corn Fiber, Soy Fiber, Short-chain Fructooligosaccharides, Natural & Artificial Flavor, Potassium Citrate, Magnesium Phosphate, Salt, Choline Chloride, Ascorbic Acid, Cellulose Gel, Calcium Phosphate, Caramel Color, Soy Lecithin, Monoglycerides, Potassium Chloride, Potassium Hydroxide, Calcium Carbonate, Carrageenan, Cellulose Gum, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Acesulfame Potassium, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Sucralose, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Copper Sulfate, Beta-Carotene, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Phylloquinone, Biotin, Vitamin D3, and Vitamin B12.

Contains milk and soy ingredients.

Glucerna® Therapeutic Nutrition Shake

Nutrition Information

	8 fl oz (237 mL)	
	Value	%DV*
Calories	220	
Total Fat, g	9	12
Saturated Fat, g	0.5	4
Trans Fat, g	0	
Polyunsaturated Fat, g	3	
Monounsaturated Fat, g	4	
Cholesterol, mg	<5	<2
Sodium, mg	210	9
Total Carbohydrate, g	26	9
Dietary Fiber, g	4	14
Total Sugars, g	7	
Added Sugars, g	7	13
Protein, g	10	20
Vitamin D, mcg	10	50
Calcium, mg	260	20
Iron, mg	4.5	25
Potassium, mg	380	8
Vitamin A		30
Vitamin C		100
Vitamin E		50
Vitamin K		20
Thiamin		25
Riboflavin		25
Niacin		25
Vitamin B6		25
Folate		25
Folic Acid, mcg	60	
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Phosphorus		20
Iodine		25
Magnesium		25
Zinc		25

Glucerna® Therapeutic Nutrition Shake

Selenium	20
Copper	25
Manganese	25
Chromium	50
Molybdenum	40
Chloride	10
Choline	25

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Preparation

Instructions for Use:

- Shake well. Best served chilled.
- Once opened, reclose, refrigerate and **use within 48 hours**.
- If consumed directly from the container, cover, refrigerate and **use within 24 hours**.

Glucerna® Therapeutic Nutrition Shake

For people with diabetes

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- Antioxidant vitamins C and E to help protect against cell damage.
- Gluten-free.
- Halal.
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- Not for IV use.
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Availability

List Number	Item
64929	Glucerna Therapeutic Nutrition Shake Rich Chocolate / 8 fl oz (237 mL) Recloseable Carton / 24 ct

Ingredients

Rich Chocolate Liquid

Water, Corn Maltodextrin, Milk Protein Concentrate, Fructose, Canola Oil. Less than 2% of: Glycerin, Cocoa Powder (Processed with Alkali), Soy Protein Isolate, Corn Oil, Soluble Corn Fiber, Short-chain Fructooligosaccharides, Soy Fiber, Magnesium Phosphate, Potassium Citrate, Salt, Natural & Artificial Flavor, Choline Chloride, Ascorbic Acid, Cellulose Gel, Calcium Carbonate, Calcium Phosphate, Soy Lecithin, Monoglycerides, Potassium Chloride, Potassium Hydroxide, Carrageenan, Cellulose Gum, Acesulfame Potassium, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Sucralose, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Copper Sulfate, Beta-Carotene, Vitamin A Palmitate, Folic Acid, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Phylloquinone, Chromium Chloride, Biotin, Vitamin D3, and Vitamin B12.

Contains milk and soy ingredients.

Glucerna® Therapeutic Nutrition Shake

Nutrition Information

	8 fl oz (237 mL)	
	Value	%DV*
Calories	220	
Total Fat, g	9	12
Saturated Fat, g	0.5	4
Trans Fat, g	0	
Polyunsaturated Fat, g	3	
Monounsaturated Fat, g	4	
Cholesterol, mg	<5	<2
Sodium, mg	210	9
Total Carbohydrate, g	26	9
Dietary Fiber, g	4	14
Total Sugars, g	7	
Added Sugars, g	7	13
Protein, g	10	20
Vitamin D, mcg	10	50
Calcium, mg	260	20
Iron, mg	4.5	25
Potassium, mg	380	8
Vitamin A		30
Vitamin C		100
Vitamin E		50
Vitamin K		20
Thiamin		25
Riboflavin		25
Niacin		25
Vitamin B6		25
Folate		25
Folic Acid, mcg	60	
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Phosphorus		20
Iodine		25
Magnesium		25
Zinc		25

Glucerna® Therapeutic Nutrition Shake

Selenium		30
Copper		25
Manganese		25
Chromium		50
Molybdenum		40
Chloride		10
Choline		25

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Instructions for Use:

- Shake well. Best served chilled.
- Once opened, reclose, refrigerate and **use within 48 hours**.
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- Gluten-free.
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- Kosher.
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Safety Precautions

- Not for tube feeding.
- Not for sole-source nutrition.
- Not for IV use.
- Not suitable for people with galactosemia.

Availability

List Number	Item
64922	Glucerna Therapeutic Nutrition Shake Homemade Vanilla / 8 fl oz (237 mL) Recloseable Carton / 24 ct

Ingredients

Homemade Vanilla Liquid

Water, Corn Maltodextrin, Milk Protein Concentrate, Fructose, Canola Oil. Less than 2% of: Glycerin, Soy Protein Isolate, Corn Oil, Soluble Corn Fiber, Soy Fiber, Short-chain Fructooligosaccharides, Natural & Artificial Flavor, Potassium Citrate, Magnesium Phosphate, Salt, Choline Chloride, Ascorbic Acid, Cellulose Gel, Calcium Phosphate, Soy Lecithin, Monoglycerides, Potassium Chloride, Potassium Hydroxide, Calcium Carbonate, Carrageenan, Cellulose Gum, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Acesulfame Potassium, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Sucralose, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Copper Sulfate, Beta-Carotene, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Phylloquinone, Biotin, Vitamin D3, and Vitamin B12.

Contains milk and soy ingredients.

Glucerna® Therapeutic Nutrition Shake

Nutrition Information

	8 fl oz (237 mL)	
	Value	%DV*
Calories	220	
Total Fat, g	9	12
Saturated Fat, g	0.5	4
Trans Fat, g	0	
Polyunsaturated Fat, g	3	
Monounsaturated Fat, g	4	
Cholesterol, mg	<5	<2
Sodium, mg	210	9
Total Carbohydrate, g	26	9
Dietary Fiber, g	4	14
Total Sugars, g	7	
Added Sugars, g	7	13
Protein, g	10	20
Vitamin D, mcg	10	50
Calcium, mg	260	20
Iron, mg	4.5	25
Potassium, mg	380	8
Vitamin A		30
Vitamin C		100
Vitamin E		50
Vitamin K		20
Thiamin		25
Riboflavin		25
Niacin		25
Vitamin B6		25
Folate		25
Folic Acid, mcg	60	
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Phosphorus		20
Iodine		25
Magnesium		25
Zinc		25

Glucerna® Therapeutic Nutrition Shake

Selenium		20
Copper		25
Manganese		25
Chromium		50
Molybdenum		40
Chloride		10
Choline		25

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Preparation

Instructions for Use:

- Shake well. Best served chilled.
- Once opened, reclose, refrigerate and **use within 48 hours**.
- If consumed directly from the container, cover, refrigerate and **use within 24 hours**.