

# Suplena<sup>®</sup> with CARBSTEADY<sup>®</sup>

Therapeutic nutrition for people with chronic kidney disease not on dialysis

SUPLENA WITH CARBSTEADY is therapeutic nutrition specifically designed for nondialyzed people with chronic kidney disease and on a protein-restricted diet without protein-energy wasting (malnutrition). For tube or oral feeding. For supplemental or sole-source nutrition. Use under medical supervision.



## Features

- Has CARBSTEADY<sup>®</sup>, a carbohydrate blend designed to help minimize blood sugar response.
- High in calories — 1.8 Cal/mL.
- Low in protein — 10% of total calories.
- Low in phosphorus and potassium.
- A good source of fiber, including prebiotics.
- Therapeutic nutrition that can help maintain nutritional status while adhering to renal diets for nondialyzed people with chronic kidney disease, or nondialyzed without protein-energy wasting (malnutrition).
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

## Safety Precautions

- Not for IV use.
- Not suitable for people with galactosemia.

## Availability

List Number	Item
64794	Suplena w CARBSTEADY Homemade Vanilla / 8 fl oz (237 mL) Recloseable Carton / 24 ct

## Ingredients

### Homemade Vanilla Liquid

Water, Corn Maltodextrin, High Oleic Safflower Oil, Milk Protein Concentrate, Isomaltulose, Sugar, Canola Oil. Less than 2% of: Soluble Corn Fiber, Sodium Caseinate, Short-chain Fructooligosaccharides, Glycerin, Soy Lecithin, Natural & Artificial Flavor, Potassium Citrate, Sodium Citrate, Magnesium Chloride, Choline Chloride, Magnesium Phosphate, Calcium Carbonate, Ascorbic Acid, L-Carnitine, Calcium Phosphate, Carrageenan, Salt, Potassium Chloride, Taurine, Niacinamide, Ferrous Sulfate, Zinc Sulfate, d-Alpha-TocopherylAcetate, Pyridoxine Hydrochloride, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Potassium Iodide, Chromium Chloride, Sodium Selenate, Sodium Molybdate, Biotin, Phylloquinone, Vitamin D3, and Vitamin B12.

Contains milk and soy ingredients.

## Nutrition Information

8 fl oz (237 mL)

# Suplena® with CARBSTEADY®

	Value	%DV
Protein, g	10.6	
Fat, g	23.0	
Saturated Fat, g	2	
Trans Fat, g	0	
Polyunsaturated Fat, g	4.1	
Monounsaturated Fat, g	16	
Cholesterol, mg	5.8	
Carbohydrate, g	46	
Dietary Fiber, g	6.0	
Total Sugars, g	14.8	
Added Sugars, g	14.7	
L-Carnitine, mg	63	
Taurine, mg	38	
Water, g	172	
Calories	420	
Vitamin A, mcg RAE	225	
Vitamin D, mcg	5.0	
Vitamin E, mg	6.8	
Vitamin K, mcg	19	
Vitamin C, mg	23	
Folate, mcg DFE	300	
Folic Acid, mcg	180	
Thiamin (Vitamin B1), mg	0.60	
Riboflavin (Vitamin B2), mg	0.50	
Vitamin B6, mg	2.21	
Vitamin B12, mcg	1.20	
Niacin, mg NE	8	
Choline, mg	140	
Biotin, mcg	15.0	
Pantothenic Acid, mg	2.25	
Sodium, mg	190	
Potassium, mg	250	
Chloride, mg	210	
Calcium, mg	250	
Phosphorus, mg	170	
Magnesium, mg	40	
Iodine, mcg	38.0	

Manganese, mg	0.6	
Copper, mg	0.42	
Zinc, mg	3.0	
Iron, mg	3.3	
Selenium, mcg	13.8	
Chromium, mcg	7.5	
Molybdenum, mcg	11.0	

## Storage & Handling

### Instructions for Use:

- Use under medical supervision.
- Store unopened at room temperature; avoid extreme temperatures.
- Clean top of container thoroughly before opening.
- Shake well prior to opening.
- Once opened, reclose or cover, refrigerate and **use within 48 hours**.
- If consumed directly from the container, cover, refrigerate and **use within 24 hours**.

### Oral Feeding:

- May be used for supplemental or sole source nutrition.
- May be fed at room temperature or chilled.

### Tube Feeding:

- Follow physician's instructions.
- Adjust flow rate and volume according to patient's condition and tolerance.
- Gravity/Pump feed at room temperature with a syringe or an 10 Fr or larger tube.
- Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- Avoid contamination during preparation and use.