

# Rollator

Andador Rollator/Déambulateur

RLS6BL

RLS6BG

RLA6BL

RLA6BG

RLA6BK

RLAH6BK

RLA6BLF

RLA6BGF

RLA8BL

RLA8BG

RLA8BLF

RLA8BGF

RLAA8BK

RLAA8BG

RLAA8BL

RLAA8PK



## DEALER

This manual **MUST** be given to the user of the product

## USER

**BEFORE** using this product, read this manual and save for future reference.



## WARNING

**BEFORE TRANSFERRING OWNERSHIP OF THE PRODUCT TO A DIFFERENT USER ALWAYS HAVE A DEALER INSPECT THE PRODUCT FOR ANY DAMAGE. IF ANY DAMAGE IS FOUND, DO NOT USE THE PRODUCT. PRODUCT MUST ALWAYS BE ACCOMPANIED WITH THESE INSTRUCTIONS AND WARNINGS. FAILURE TO HEED INSTRUCTIONS AND WARNINGS INCREASES RISK OF INJURY.**

# ROLLATOR DIAGRAM

Andador Rollator/Déambulateur



## WARNING

**THIS ROLLATOR HAS A WEIGHT CAPACITY OF 300 LB/136 KG. ALWAYS OBSERVE THE WEIGHT LIMIT ON THE LABELING OF YOUR ROLLATOR.**

	English	Español	Français
1	Brake handle	Manija de freno	Poignée de freinage
2	Brake handle receptacle	Receptáculo de la manija de freno	Réceptacle de la poignée de freinage
3	Height adjustment knob	Perilla de ajuste de altura	Bouton de réglage de la hauteur
4	Pouch	Bolsa	Sachet
5	Seat	Asiento	Siège
6	Backrest	Respaldo	Dossier
7	Caster	Rueda	Roulette

# INDICATIONS FOR USE


Congratulations on purchasing a quality ProBasics rollator. Our rollators are lightweight walking aids and conveniently provide stability and balance for those who have limited mobility. The included seat can be used to rest for those who experience fatigue while ambulating.

Rollators with 6" wheels or less are recommended for indoor use only. Rollators with 7" wheels or greater are ideal for both indoor & outdoor use.



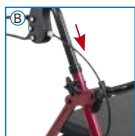
**READ ALL INSTRUCTIONS AND WARNINGS PRIOR TO ASSEMBLY AND USE. IF YOU DO NOT UNDERSTAND THESE INSTRUCTIONS, CONTACT A HEALTH PROFESSIONAL BEFORE ATTEMPTING TO USE.**

## ASSEMBLY INSTRUCTIONS

 Inspect all parts for shipping damages before use. If there is shipping damage—**DO NOT USE**. Contact your dealer/distributor immediately for further instructions. If there are any problems with your rollator, **DO NOT** attempt to repair it yourself. Contact your dealer/distributor that you purchased the rollator from for any needed parts or repairs.

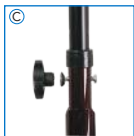
Compass Health Brands assumes no responsibilities for any damage or injury caused by improper installation, assembly, or use of this product.

### INSTALL HANDLE BARS AND ADJUST HEIGHT



1. Open your rollator. Pull open the folding hinges on either side until straight to secure the unit in the proper position (Fig. A).
2. Place a brake handle with the pre-assembled loop lock in the corresponding brake handle receptacle and adjust to the desired height (Fig. B).
3. To estimate the optimal height for your rollator, start by standing straight with footwear on. Allow your hands to hang naturally at your sides. Measure from the crease in your wrist to the floor. If possible,

choose a walking aid that can adjust one adjustment above and below this estimated optimal measurement. Consult with a healthcare professional to ensure optimal rollator height.



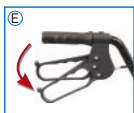
4. Use the height adjustment knobs to fasten the handle bars in this position (Fig. C).



**DO NOT** use excessive force when installing any parts. Make sure knobs are **FULLY** tightened and are at equal heights. **ALWAYS** test for stability before applying weight to hand grips.



5. Test and adjust the brake mechanism tension to ensure proper and secure locking **BEFORE** use (Fig. D and E). See "Brake Operation and Adjustment" section for further guidance.



6. Insert backrest into frame receptacles until snap buttons engage. An audible click will be heard on each side.

## OPERATING INSTRUCTIONS

### FOLDING UP YOUR ROLLATOR

1. If in use, ensure items in the pouch have been removed. The rollator can easily fold from the user's side by pulling the nylon strap under the seat up. The rollator will begin to fold as the cord is pulled.


### UNFOLDING YOUR ROLLATOR


1. With all wheels touching the ground, gently pull the frame apart until the folding hinge is completely straightened on both sides (Fig. A).

 Ensure the rollator is fully opened, the seat is down and the backrest is locked in **BEFORE** use.

### BRAKE OPERATION

1. To engage the parking brake (lock the brakes), press down on the brake handle until the handle locks in place. (Fig. E).
2. To release and/or engage the brakes, squeeze the brake handle up towards the hand grip (Fig. D).

 **DO NOT** use the hand brake as a primary stopping tool. It may be used if needed but is primarily designed to maintain a stopped stance.

 Brakes and tires are non-durable components which will require maintenance through the life of the rollator. Brakes **MUST** be adjusted so that the wheels do not turn while

the brake is applied or when the brake lock/parking brake is engaged. If wheels turn while the brake is applied and/or when the brake lock is engaged, **DO NOT** continue to use the rollator. Return to your dealer/distributor for adjustment, repair, or replacement.

## **BRAKE ADJUSTMENT**

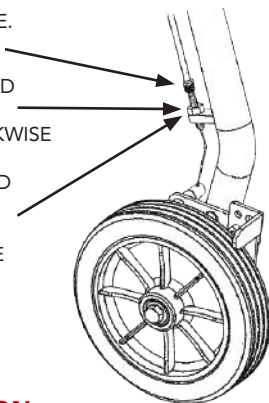
1. Hold the top nut firmly in place. **DO NOT** turn the top nut.
2. To loosen the brake adjustment, turn the bottom nut (closest to the bar securing the brake to the rollator) counterclockwise. The nut will move away from the frame.
3. To tighten the brake adjustment, turn the nut clockwise. The nut will move toward the frame.
4. Refer to below visual guide for further assistance.

## **INSTRUCTIONS TO ADJUST THE HAND BRAKE SYSTEM**

HOLD FIRMLY IN PLACE.  
DO NOT TURN

TO TIGHTEN THE HAND  
BRAKE ADJUSTMENT,  
TURN THE NUT CLOCKWISE

TO LOOSEN THE HAND  
BRAKE ADJUSTMENT,  
TURN THE NUT  
COUNTER CLOCKWISE



## **POUCH INSTALLATION**




1. With rollator in unfolded position, lift seat up to rest against the backrest.
2. Unsnap all buttons on nylon pouch.
3. Hang the pouch between the front and back frame tubes, looping each of the snap tabs over the bars, then secure with snap buttons. Ensure **ALL** snap buttons are attached to the frame.

## **SEAT HEIGHT ADJUSTMENT\***

\*Applies only to RLAA8BK, RLAA8BG, RLAA8BL, RLAA8PK


1. Remove the adjustment knob from the rollator leg.
2. Depress the push pin button and slide leg to desired height.

3. Ensure the push pin is fully protruding from the rollator leg. An audible click will be heard.
4. Tighten the height adjustment knob back into leg, making sure to insert knob from the outside.
5. Repeat for second, third, and fourth legs, ensuring all rollator legs are set to the same height setting.


 **DO NOT** use the rollator if wheels are adjusted to different height settings.

## WALKING WITH THE ROLLATOR


1. Standing behind the rollator, slowly roll forward so that the rear wheels are a few inches **IN FRONT** of your feet.
2. Step forward and place your foot **IN LINE** with the rear wheels, but slightly inside of the wheels.
3. Maintaining a steady roll forward, place your other foot **IN LINE** with the rear wheels.
4. Determine a safe gait to keep your feet **IN LINE** with the rear wheels.

 **BE AWARE** of your surroundings when operating the rollator. Look for hazards and avoid them. Avoid streets and surfaces with water, sand, gravel, dirt, leaves, and other debris. Wet, slick, uneven, and/or rough surfaces may impair traction and contribute to possible accidents. Loose cords and unsecured rugs may move suddenly and cause a loss of balance.


**DO NOT** use a rollator in mud, ice, or puddles.

 **NEVER** use near steps, sloped driveways, hills, and/or ramps with a steep incline (**NEVER** greater than 15 degrees).

**DO NOT** walk backwards down a slope.

 **DO NOT** use stairs or escalators while using the rollator.

**DO NOT** use near swimming pool areas.

 **ALWAYS** take additional care and move slowly when moving from carpeted to hard surface floors or cracks/separations in walk way surfaces; avoid bumps, drainage gates, and sudden surface changes. Rollator may abruptly stop if a wheel becomes wedged.

**ALWAYS** wear protective footwear while using the rollator.


**ALWAYS** keep shoelaces, loose clothing and/or accessories clear of the wheels and handlebars during use.


## SITTING IN THE ROLLATOR


1. **ALWAYS** Engage parking brakes (refer to Brake Operation section on pg. 5).
2. Gently ease into the seat of the rollator by using the handgrips for support while lowering body into the rollator.


Apply weight evenly across both handgrips.


3. To stand, use the handgrips for support and safely come to an upright position. Apply weight evenly across both handgrips.
4. Disengage parking brakes before resuming use of the rollator.

 **DO NOT** sit on the rollator if it is parked on a slope. Only use the seat on level ground.

 **DO NOT** “plop” and/or drop all body weight immediately into the rollator. Ease gently into the seat.


 **DO NOT** use the backrest bar to support your weight. Leaning back while seated on the rollator may cause the device to tip.


 **ALWAYS** engage both parking brakes before sitting in the rollator. **DO NOT** move or scoot while seated in the rollator. Parking brakes **MUST** remain engaged at all times while seated. Ensure the front wheels are in the forward position before transferring into or out of the seat. **DO NOT** use the rollator as a wheelchair or transport device. This is a walking aid **ONLY**. **NEVER** scoot, roll, or propel device while seat is occupied.


 **DO NOT** attempt to reach objects that are out of your immediate reach while seated on the rollator. **DO NOT** lean forward, backward, or to either side while seated on the rollator.


## MAINTENANCE

- Wipe rollator frame with a clean, soft cloth at least once a week. All metal parts can be cleaned with auto wax or similar products. If exposed to moisture, dry immediately
- Wipe the hand grips with cold water and a clean towel.

 **NEVER** use ammonia-based cleaning solutions or soap on the hand grips. This may cause them to loosen or slide off the frame.

 **NEVER** use organic solvents, abrasive cleaners or scouring pads on any part of the rollator.

 **ALWAYS INSPECT ROLLATOR PRIOR TO USE.** Properly inspecting and maintaining your rollator can reduce the risk of injury. Make sure that all parts are secure and are in good working order. **ALWAYS** check the fasteners, wheels, brakes, and seat for tightness prior to use. Make sure the parking brakes are working, and the rollator wheels cannot turn with the brakes on. If rollator is not in good working order or fasteners cannot be tightened, **DISCONTINUE USE OF THE ROLLATOR** and replace.

 To ensure the best service from your product, **ONLY** use



ProBasics replacement parts. Accessories designed by other manufacturers have not been tested by Compass Health Brands and are not recommended for use with this product. Although parts should be replaced as needed, to maintain optimal performance, it is recommended that non-durable components such as wheels and brakes are purchased and replaced at least every **18 MONTHS** or **BETWEEN PATIENT USE**. Contact your authorized dealer for more information.



## WARNINGS

- This rollator should **NEVER** be used inside a moving vehicle as a walking aid or seat.
- **ALWAYS INSPECT ROLLATOR PRIOR TO USE.** Properly inspecting and maintaining your rollator can reduce the risk of injury. Make sure that all parts are secure and are in good working order. **ALWAYS** check the fasteners, wheels, brakes, and seat for tightness prior to use. Make sure the parking brakes are working, and the rollator wheels cannot turn with the brakes on. If rollator is not in good working order or fasteners cannot be tightened, **DISCONTINUE USE OF THE ROLLATOR** and replace.
- **ALWAYS** wear protective footwear while using the rollator. **ALWAYS** keep shoelaces, loose clothing and/or accessories clear of the wheels and handlebars during use.
- **ALWAYS** make sure the rollator is fully opened and the folding bar is locked in the down position before use.
- **ALWAYS** maintain good posture while using the rollator. When walking with the rollator, keep your feet in line with the rear wheels, and **DO NOT** let the rollator get too far in front of you. When sitting on the rollator, keep both feet in contact with the floor and **DO NOT** lean out of the seat.
- **BE AWARE** of your surroundings when operating the rollator. Look for hazards and avoid them. Avoid streets and surfaces with water, sand, gravel, dirt, leaves, and other debris. Wet, slick, uneven, and/or rough surfaces may impair traction and contribute to possible accidents. Loose cords and unsecured rugs may move suddenly and cause a loss of balance. **DO NOT** use a rollator in mud, ice, or puddles.
- **NEVER** use near steps, sloped driveways, hills, and/or ramps with a steep incline (**NEVER** greater than 15 degrees). **DO NOT** walk backwards down a slope.
- **DO NOT** use stairs or escalators while using the rollator. **DO NOT** use near swimming pool areas.
- **ALWAYS** take additional care and move slowly when moving from carpeted to hard surface floors or cracks/separations in walk way surfaces; avoid bumps, drainage gates, and sudden

surface changes. Rollator may abruptly stop if a wheel becomes wedged.

- **DO NOT** use the rollator to pull yourself up from a chair or other seated position. Use the arms of the chair to support your weight as you stand.
- **DO NOT** sit on the rollator if it is parked on a slope. Only use the seat on level ground.
- **DO NOT** “plop” and/or drop all body weight immediately into the rollator. Ease gently into the seat.
- **DO NOT** use the backrest bar to support your weight. Leaning back while seated on the rollator may cause the device to tip.
- **ALWAYS** engage both parking brakes before sitting in the rollator. **DO NOT** move or scoot while seated in the rollator. Parking brakes **MUST** remain engaged at all times while seated. Ensure the front wheels are in the forward position before transferring into or out of the seat.
- **DO NOT** use the rollator as a wheelchair or transport device. This is a walking aid **ONLY. NEVER** scoot, roll, or propel device while seat is occupied.
- **DO NOT** attempt to reach objects that are out of your immediate reach while seated on the rollator. **DO NOT** lean forward, backward, or to either side while seated on the rollator.
- **ALWAYS** have all wheels in contact with the floor/ground while using this device. Failure to maintain wheel contact could result in improper balance of the rollator and injury or damage.
- **DO NOT** hang anything from the rollator handles or frame. Items may only be carried in the provided pouch/basket.
- **DO NOT** climb, kneel, or stand on the rollator.
- This is not a toy. **DO NOT** let children play on the rollator.
- **DO NOT** use while under the influence of mind-altering drugs, alcohol, or while suffering from dizziness.
- **DO NOT** store in directly sunlight or outdoors. Exposure to extreme temperatures (heat, cold, moisture, etc.) may make surfaces (seat, hand grips, etc.) hot to the touch, weak or brittle. Ensure hand grips **DO NOT** twist and skin contact surfaces are cool to the touch before use.
- To ensure the best service from your product, **ONLY** use ProBasics replacement parts. Accessories designed by other manufacturers have not been tested by Compass Health Brands and are not recommended for use with this product. Although parts should be replaced as needed, to maintain optimal performance, it is recommended that non-durable components such as wheels and brakes are purchased and

replaced at least every **18 MONTHS** or **BETWEEN PATIENT USE**. Contact your authorized dealer for more information.

**THIS PRODUCT SHOULD NOT BE USED WITHOUT THE INSTRUCTION OF A HEALTHCARE PROFESSIONAL. FAILURE TO USE COMMON SENSE AND HEED THE ABOVE WARNINGS FURTHER INCREASES RISK OF SERIOUS INJURY. USE AT YOUR OWN RISK AND WITH APPROPRIATE AND SERIOUS ATTENTION TO SAFE OPERATION. USE CAUTION.**

# LIMITED LIFETIME WARRANTY

This warranty is solely for the benefit of the original consumer purchaser.

This device was built to exacting standards and was carefully inspected prior to shipment. Your ProBasics® brand product is warranted to be free of defects in materials and workmanship, has a Limited Lifetime Warranty on the frame and a one year warranty from date of purchase on all other parts, which are subject to normal wear and need periodic replacement. If within such warranty period, the product proves defective, the product will be repaired or replaced, at the option of Compass Health Brands. This warranty does not cover product failures due to normal wear and tear or device misuse.

In the event of a defect covered by this warranty, we will, at our option, repair or replace the device. This warranty provides only for replacement of defective parts and does not cover shipping or labor charges. Compass Health Brands' sole obligation and your exclusive remedy under this warranty is limited to such repair and/or replacement.

This warranty shall not apply to serial numbered products if the serial number has been removed or defaced or to defects or damages caused by unauthorized parts, attachments or repairs, negligence, accident, circumstances beyond Compass Health Brands' control, or improper operation, maintenance or storage.

If you have a question about your Compass Health Brands product or this warranty, please contact an authorized Compass Health Brands Dealer.