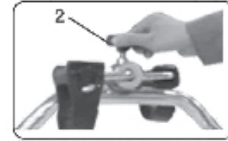




**REF.** 10270SV-2 Shown  
Exercise Peddler

**drive**  
MEDICAL DESIGN & MANUFACTURING

## resistance adjustment



Turn the tension knob to adjust the paddle resistance. “High” means heavy resistance, “Low” means light resistance.

## exercise instructions



**HAND ROWING EXERCISE**



**PADDLE EXERCISE**