

Glider Perfect Fit Guide

step one - measure

Before transferring into the Glider, measure for approximate (A) seat depth and seat to (B) foot plate settings.

step two - seat depth

To adjust seat depth, loosen the knob under the seat (C). Use measurement (A) and measure from the inside of the knee pad to the back. Depress the snap button on the adjustment tube while moving the back (D). Adjust the seat depth until the proper measurement has been reached. Tighten the knob (C) after adjusting.

step three - back angle

After achieving the desired seat depth, rotate the back angle (E) adjustment knob so the (F) seat/back angle indicator on the side of the unit is in the green area prior to standing.

Note: Repeat steps 2 and 3 for each color adjustment.

step four - foot plates

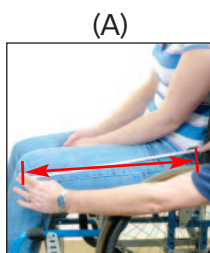
Use the (B) measurement to adjust the foot plate height. Loosen the (G) knobs on the foot plates to adjust height. Tighten the knobs after positioning. The knees should be slightly lower than the hip (H).

step five - positioning

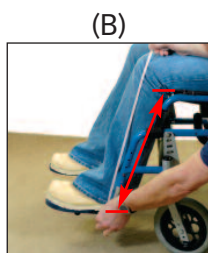
Position the user's hips as close as possible to (I) Glider's hip pivot.

step six - knee pad

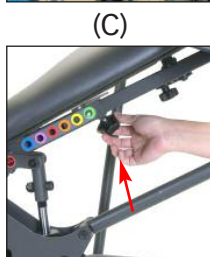
Slide into knee pads (J) and secure the calf straps behind the knees.



(A)



(B)



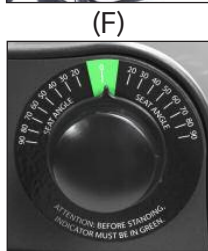
(C)



(D)



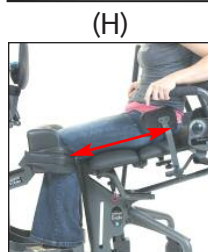
(E)



(F)



(G)



(H)



(I)



(J)

⚠ Caution: These adjustments are only to be made while the unit is unoccupied and in the seated position.

Inspect your standing frame periodically to ensure it is in safe operating condition.