

SLING SIZING GUIDELINES

It is important to note that Waverley Glen slings are designed to fit a large variety of clients. Slings are sized based on client safety, comfort and positioning. There are many variables that impact how a sling will fit a client and how a client will “sit” in a sling. Therefore, while the following information is provided it is meant to be a general guide only, it is critical that each client is assessed properly for the proper sling, the proper size and their positioning, following application. The sizing process does not stop once the appropriate size is selected but continues during the lifting process, evaluating client safety, comfort and positioning.

The proper sizing of a Waverley Glen sling is a two (2) step process. The process/variables assessed to determine appropriate sizing differs between the Universal and Hammock model slings.

Step One

Initially the customer should utilize the Sling Sizing Guide, below, in order to choose the best potential sling size.

Step Two

In some circumstances the chart may direct the caregiver to use a particular sized sling however, due to the clients physical abilities, strengths and weaknesses, weight distribution etc... the client may be better suited to the next sized sling. Therefore once the potential sling has been selected, based on the chart above the caregiver must determine if the selected size is ideal. To do this the sling must be applied to the client. Please refer to the sling application instructions for the appropriate application method. The following sizing guidelines are to be applied with the sling applied but not connected to the carry bar/lift.

Universal Sling:

The sling should be assessed for the proper size by utilizing the point at which the shoulder strap attaches to the sling body. This point should:

- a) Height: Fall between the deltoid point and the top of the ear.
- b) Width/Circumference: fall between the anterior crease of the shoulder (point at which the deltoid muscle and chest meet) and the center line of the body.

Obviously the need for head support, when using the Universal sling, needs to be determined.

The leg straps should also be assessed to determine if there is an appropriate amount of material available, to ensure comfort of the sling.

Hammock Slings:

Hammock slings are designed with the head support integrated into the body of the sling. As a result the sling is sized slightly differently. Again, the point at which the shoulder strap attaches to the sling is utilized for sizing:

This point should:

- a) Height: fall between the top of the ear and the top of the head
- b) Width/Circumference: fall between the anterior crease of the shoulder (point at which the deltoid muscle and chest meet) and the center line of the body.

NOTE: In both situations, it is important that the caregiver ensures that there is never strap in contact with the skin. If this occurs, it is often an indication that the sling is too small.

Size	Height	Weight
Junior	<4'	<110 lbs
Small	4'-5'6"	95 lbs-150 lbs
Medium	5'-6'	125 lbs-250 lbs
Large	6'-7'	250 lbs-400 lbs
X-Large	6'-7'	400 lbs-480 lbs
XX-Large	>6.5'	>480 lbs