

# ↑ EZee Life™

170 Tilt & Recline  
Rehab Shower Commode



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## Specifications:

Frame Material – Aluminum

Seat Tilt Range – 0° to 13° from level

Lower Back Recline Range – 90° to 111° from seat position

Upper Back Angle – 15° posterior to lower back position

Lower Leg Support Range – 90° to 50° from seat position

Weight – 46.5 lbs (21.1 kgs)

Wheels – 5” Locking Casters

Seat Width – 18”

Seat Depth – 17”

Seat Height – 21.8” - 23.8” (adjustable)

Footrest Hanger Angle – 60°

Footrest Length – 14” to 20” (Infinite adjustment)

Back Height – 16”

Arm Height – 8” (from seat)

Arm Length – 12.5”

Arm Pad Length – 11.75”

Weight Capacity – 286 lbs (130 kgs)

# Assembly Instructions

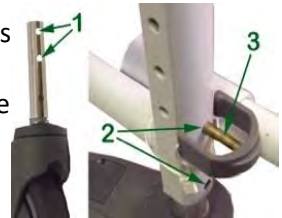
1. Insert two back support posts (1) into seat frame (2) and tighten two hand wheels (3).



2. Insert four caster stems into holes in the four corners of the bottom of the frame.



3. Set the seat height by aligning the caster stem holes (1) with the desired adjustment holes (2) in the frame and inserting the locking pin (3) to secure the caster.



4. Insert the anti-tippers into the two anti-tipper receiver tubes located at the rear of the frame above the casters.

Ensure the push pins have popped through the set receiver holes.

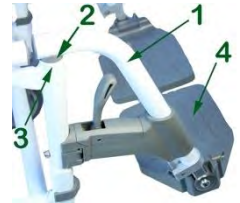


5. The adjustment is made by simply depressing the anti-tipper push pin (1), sliding the inner anti-tipper tube (2) to the desired length, aligning the push pin with the closest adjustment hole (3) and allowing it to pop through.



(The anti-tippers should be as close to the floor as possible without catching on doorway thresholds, changes in floor levels or other obstacles.)

6. To attach the footrest (1) to the commode lower the footrest pivot plug (2) into the top of the front seat frame (3) with the foot plate (4) off to the side of the commode. Then swing the footrest to the forward position where it will lock in place.

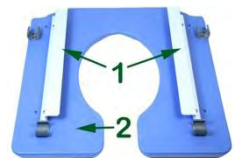


7. The foot plate height can be adjusted by loosening the footrest clamp (1), sliding the foot plate extension tube (2) up or down inside the footrest hanger tube (3) and re-tightening the clamp.



**DO NOT** extend the footplates past the MAX line (4) stamped into the foot plate extension tubes. The MAX line should not be visible.

8. From the back of the commode slide the commode pail into the pail support channels (1) located on the bottom of the seat pan (2).



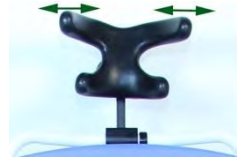
9. Install the adjustable head rest (1) by inserting and vertical support tube (2) into the headrest bracket (3) mounted on the commode push bar and then insert the horizontal support tube (4) through the end bracket (5) of the vertical tube (2).



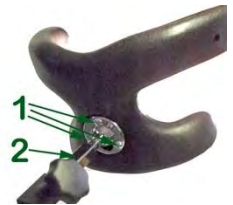
# Adjustments

**Headrest** – The headrest on this commode is referred to as an “X” headrest and the smaller end of the “X” is at the bottom to support the neck where it meets the back of the skull.

The arms of this style of headrest can be flexed in or out as needed by simply pulling them apart or squeezing them together to provide more control or more freedom as needed.



The angle of the headrest can also be adjusted by loosening the three Hex screws (1) holding the horizontal support tube (2), pivoting the head rest to the desired position, and re-tightening the Hex screws.



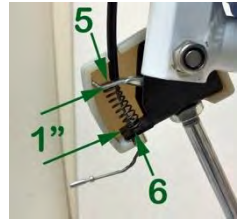
**Anti-Tippers** – The anti- tippers are required to prevent the commode from tipping backwards when it is tilted back or when the user is self-propelling with the optional 24” wheels.

They can be flipped up or removed when necessary to clear obstacles but should be in place as often as possible to prevent accidental tipping of the commode.

**Tilt Mechanism Cables** – The cables (1) that allow the chair to tilt may over time stretch. This is normal and can be adjusted by loosening the lock nut (2), turning the adjustment screw (3) counter clockwise and re-tightening the lock nut.



When adjusted properly, the distance between the strut release lever (5), and the cable anchor (6), should be about 1”.



If the chair angle cannot be changed when the tilt lever (4) is pressed the cause is usually out of adjustment or stretched cables. If the chair will not lock at any angle the cables are likely adjusted too tight.

**Footplate Adjustment** – Proper footplate adjustment is required for comfort and reduction of pressure points. If the footplates are positioned too high pressure is increased on the buttock area; if they are too low, pressure is increased on the backs of the legs just above the knees and the feet are left dangling.

See item 8 on page 4 for adjustment procedure.

## Operating Instructions

**Arms** – The arms of the commode can be flipped up and back to aid in transfers or access by caregivers for bathing. The arms will stay raised when raised all the way.



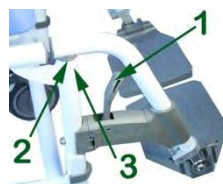
When doing a side transfer to or from the commode only the arm on the side the transfer is being done on should be raised.

**Seat Belt** – The seat belt supplied with the commode is known as a side release seat belt. To undo the buckle simply depress both release tabs at once and pull the two sides apart.



To do up the seat belt slide the prongs into the receiver until they click into position.

**Footrests** – The footrests can be removed by pushing the release lever (1) swinging the footrests out to the side, or into the middle, and lifting straight up.



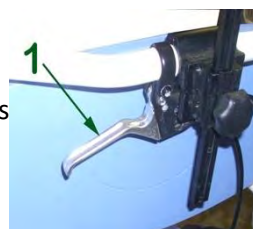
To replace the footrests, lower the footrest pivot plug (2) into the commode seat frame holes (3) from the side on the center of the seat and swing the footrests to the front until they lock into position.

**Headrest** – The headrest can be removed to aid in transfers by loosening the Headrest clamp on the commode push bar.



**Tilt & Recline** – The tilt/recline feature of the 170 rehab shower commode can be used to reduce tone and for comfort of those users who have balance control problems or may move about in the seat too much to be safe when the seat is level.

To activate the tilt/recline mechanism the caregiver grasps the commode push bar and squeezes the release lever (1). When the release lever is squeezed, two gas struts mounted on the side frames that hold the seat in position are released and the seat can be positioned at the angle wanted. Letting the release lever out will lock the seat at the angle set.



**Important:** When the release lever is squeezed the seat will move freely. The caregiver must have the push bar of the commode firmly grasped when activating the release lever to prevent the seat from pitching forward possibly injuring the user.

The user should always wear the provided seat belt for safety while sitting in this commode.

**Casters** – The 180 and 185 shower commodes come standard with 4 locking 5” swivel casters that allow the commode to be turned a full circle in its own length and be pushed in any direction required. This is particularly important feature when the commode has to be used in areas where there isn't much room for manoeuvring.

To lock the casters the caregiver uses their steps on the lock lever (1).

To release the wheel lock the caregiver pushes down on the release lever (2) with their foot.

When the casters are in the locked position the swivel feature also locks for safety.



## Safety Information

**Never operate the tilt mechanism without having a firm grip on the commode push bar. The gas struts used to aid in tilting the commode need to be controlled while changing the tilt angle to prevent the chair from pitching forward.**

Ensure back rest is securely attached before using.

To avoid tipping, DO NOT attempt to reach objects if you have to move forward in the seat to do so.

To avoid tipping, DO NOT attempt to reach objects if you have to pick them up from the floor by reaching down between your knees.

To avoid tipping, DO NOT lean over the top of the back upholstery to reach objects behind you, as this may cause the commode chair to tip over.

To avoid tipping, DO NOT shift your weight or sitting position toward the direction you are reaching.



DO NOT attempt to stop, or slow, a moving transport chair with wheel locks. Wheel locks are not brakes.

DO NOT climb, go up or down ramps or traverse slopes greater than 5 degrees (1:12 grade).

Travel up and down slopes and inclines. DO NOT travel across inclines.

Use caution on slippery surfaces.

DO NOT transfer into, or out of, the shower commode chair on slippery floors.

Ensure wheel locks are engaged and wheels are positioned outward before transferring into or out of the shower commode.

DO NOT stand on foot plates.

DO NOT stand on seat.

Always use the supplied seat belt for safety.

Always have the arms flipped down if the user has upper body stability problems.

Always use supplied anti-tippers for users who are known for rocking in their seats.

DO NOT leave users unattended in the shower chair.

DO NOT overload this transport chair. The weight capacity is 300 pounds including the user and any things they may be carrying.

## Inspection Items

Ensure the commode chair rolls straight (no excessive drag or pull to one side).

Inspect the seat, back and arms for tears and/or damage.

Inspect for any loose or broken hardware or parts.

Inspect for cracked, broken or loose wheels.

Ensure the hand brakes are easy to engage and prevent the wheels from turning.

## Limited Warranty

Ezee Life products carry a two-year warranty against manufacturing defects, faulty materials, and workmanship only.

Any alterations, misuse, abuse, or accidental damage voids this warranty. Healthline reserves the right to replace or repair any part that has become defective.

The warranty does not extend to consequential costs resulting from the fault or defect of the product: freight and travel costs, loss of earnings, or other expenses that one may incur.

Warranty is valid for the original purchaser only and the original receipt must be presented before any warranty options are considered. Please also be prepared to provide the date of purchase and serial number.