

# GlideCushion

Instruction for Use

**immedia**<sup>®</sup>  
a part of Etac



# Illustrations

Illustration 1

Illustration 2

Illustration 3



Illustration 4

Illustration 5

Illustration 6

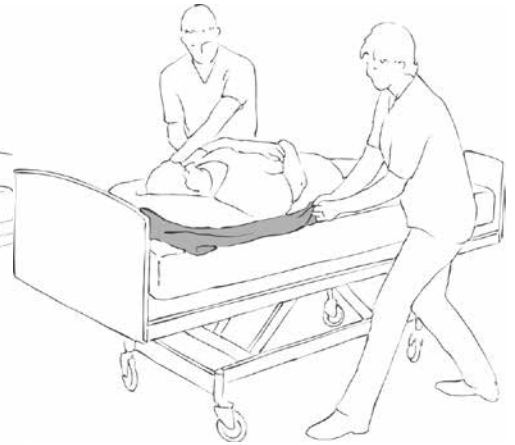
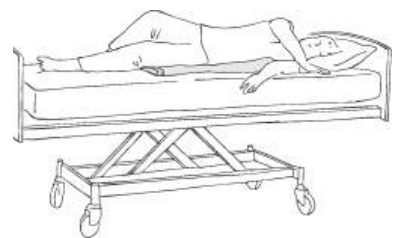


Illustration 7

Illustration 8

Illustration 9

Illustration 10



# Contents

<b>Heading .....</b>	<b>Page</b>
General/Symbols/Intended use/Intended enviroment .....	4
Practical handling.....	5
Notice/Materials/Cleaning .....	6
Articles/Combinations.....	7
Service Information.....	8

# General

Thank you for choosing an Etac product.

To avoid accidents and injury when moving and handling the products, read the manual carefully.

The person described as "the user" in this user manual is the person who is lying or sitting on the product. The assistant or assistants are the people who manoeuvre the product.



**This symbol appears alongside the text in the manual. It draws the reader's attention to points at which there may be a risk to the health and safety of the user or assistant.**

The products comply with the standards applicable for Class 1 products in the European Council Directive MDD 93/42/EEC on medical devices.

Lot no/Batch no:

x	x	x	x	x	x	x	x	x	x
Production year					Running number				

At Etac we strive to improve our products all the time and therefore we reserve the right to make changes to products without prior warning. All measurements given on illustrations and similar material are for guidance only and Etac cannot be held liable for errors and defects.

The information given in this manual, including recommendations, combinations and sizing, does not apply to special orders and modifications. If the customer makes adjustments, repairs or combinations not predetermined by Etac, the Etac CE certification and Etac warranty will be voided. If in doubt, please contact Etac.

Warranty: Two-year warranty on material and manufacturing defects, provided that the product is used correctly.

The product can be scrapped in accordance with national regulations.

# Symbols

Washing	Iron	Never leave on the floor	User mass limit = maximum rated load
Handwash	Do not dryclean	Warning	The product can be scrapped in accordance with national regulations
Wipe off	Do not bleach	Read the User Manual	Manufacturer
Tumbledry	Risk of sliding down	Batch no./Lot no.	Class 1 - European Council Directive MDD 93/42/EEC on medical devices
Keep out of the sun			

# Intended use

The GlideCushion can be used anywhere where it is beneficial to reduce friction at pressure points during manual handling: Turning users in bed, pulling them higher up in

the bed, getting in and out of bed, etc.

# Intended environment

Acute care, Long-term care, Home care

# Practical handling

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## Positioning

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GlideCushion can be positioned under pressure points – where the user "clings" to the underlying surface.

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## Use

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### **Positioning the GlideCushion for turning:**

Fold the GlideCushion – roll the user slightly to one side and push the GlideCushion in under the users body (Illustration 1). Turning the user will be easier if an absorbent sheet is used (Illustration 2). On the opposite side, the GlideCushion can be folded out completely. If the user only has to be turned into the side position, the GlideCushion only has to be positioned under one hip.

The GlideCushion can also be positioned under the users thigh, so that the folded wing is facing the user. To unfold the GlideCushion, unfold one wing at a time. The user can now be moved/turned as required. Alternative method: Fold the GlideCushion lightly. Assistant A grasps the sheet on Assistant B's side of the bed, and rolls the user gently. The GlideCushion is pushed in under the heavy pressure points (most often shoulders and hips). Then the user is rolled back onto his/her back. If necessary, Assistant B can roll the user as before while Assistant A smoothes the GlideCushion (Illustration 2).

### **Turning without assistant assistance:**

By folding one arm over his/her chest and bending the leg on the same side, the user can turn into the side position without assistance (Illustration 10).

### **Turning with assistance from 1 or 2 assistants:**

The user can also be turned in this way: one of the assistant's stands with one foot forward and grasps the sheet using a "flourbag grip" or an "axe grip". Then, with arms stretched at the level of the users shoulders and hips and using weight transference, the user is pulled to the edge of the bed (Illustration 3). The assistant bends slightly at the knee, grasps the sheet holding his/her elbows close into the body. As the assistant straightens up, the user turns into the side position. If necessary, the assistant on the opposite side can help by pushing on the sheet and the GlideCushion, and supporting the user when he/she reaches the side position. Variant: Assistant B rolls the user, while Assistant A pulls on the sheet, thus turning the user into the side position.

### **To remove the GlideCushion:**

The assistant glides one hand between the two layers of sheet, locates the corner on the opposite side and pulls it slowly towards him/herself.

### **Positioning the GlideCushion higher up in the bed:**

The user has slid down (Illustration 4).

The users pillow and GlideCushion are placed under the users head. The assistant pulls the GlideCushion down until it is under the users shoulder blades (Illustrations 5 and 6).

If the user can lift his/her hips (if possible while the foot end of the bed is raised slightly), the users feet can be positioned on a piece of non-slip fabric, and the user will glide further up in the bed. If necessary, a assistant can push gently on the users knee. A Sling or One Man Sling can also be used to help the user glide higher up (Illustration 7).

Alternatively a lift can be used: Raise the users hips very gently from the sheet. The user will glide slowly to lie higher up in the bed. To remove GlideCushion: a assistant pushes the corner towards the opposite side. The assistant than grasps the corner and pulls slowly (Illustration 9). Self-supportive users who find it difficult to turn/move in bed, can use GlideCushion without assistance (Illustration 10).

### **In/out of bed:**

When a user is to get in or out of bed, the distance between GlideCushion and the end of the bed should be not less than 15 cm.

## Notice

### Special features

Always check the product before use and after washing.

Never use a defective product. If the product shows signs of wear-and-tear, it must be scrapped.

Read these instructions carefully.

It is important that assistants receive instruction in manual handling. Etac offers advice and training for assistants. For further information, contact Etac.

Always use the correct manual handling techniques

Encourage the client to assist where possible.

To ensure that the client feels safe and that every manual handling is smooth, always plan the manual handling in advance.



There is a risk that the user may slide off. Never leave the user alone on the edge of the bed.



Never leave the product on the floor.



Always make a risk assessment, and secure that the assistive product can be used at the individual user and in combination with other devices that it is safe for the user and caregivers.



It is recommended that the guard rail is in place when the user is left on the glide system, unless a risk assessment has found that the user can be safely left on the glide system without the need of guard rails.

If in any doubt - please contact Etac.

## Materials

Outer surface: 65% polyester/cotton (green) and 35% nylon (green). Inner surface: 100% nylon.

## Cleaning

The product should be checked regularly, preferably each time it is used, and especially after wash.

Check that there is no damage to seams or fabric.



**Never try to repair a product yourself.**  
**Never use a defective product.**

### Washing instructions:

Do not use fabric softener.



## Articles

Article no.	Description	Size (mm)
IM60/25N	GlideCushion, nylon top side, green	W250 x L600
IM60/50	GlideCushion, green	W600 x L500
IM60/90	GlideCushion, green	W600 x L900
IM69/70	GlideCushion, green	W690 x L700
IM90/90	GlideCushion, green	W900 x L900
IM4303	GlideCushion Set: IM60/50 + IM6000N	W600 x L500

## Combinations

Article no.	Description	Size (mm)
IM6000N	Waterproof nylon cover for IM60/50	W600 x L600
IM6010N	Waterproof nylon cover for IM60/90	W600 x L1000
IM4031	Disposable covers for IM60/90: roll with 150 pcs.	W600 x L1000

# Service Information

**Thank you for choosing an Etac product.** If the customer makes adjustments, repairs or combinations not predetermined by Etac, the Etac CE certification and Etac warranty will be voided.

**Warranty:** Two-year warranty on material and manufacturing defects, provided that the product is used correctly. Before taking a product in service always make a risk assesment according to national and/or local legislation.

**First inspection:**

- Is the packaging intact?
- Read the label on the packaging and check the article no. and product description
- Check that Short Instruction is enclosed – contact your Etac Customer Service or the local distributor.
- Check the label on the product - does it include article no., product description, lot/batch no., cleaning instructions and supplier name?

**Periodic Inspection:**

- Make sure that your Manual transfer system always is in a perfect condition.
- After wash – always check materials, stitching, handles, buckles.
- If the product shows signs of wear and tear, it must be removed from service immediately.
- Lot no/Batch no:

x	x	x	x	x	x	x	x	x	x
Production year		Running number							



**Visual inspection/Check the product:**

Ensure that the materials, seams, stitching, handles, buckles are intact/faultless.



**Stability test:**

Try to bend the product verify that it feels firm, stable and solid.



**Mechanical load or stress/Test handles:**

Draw hard in the handles in opposite directions and control the material, seams and stitching.  
Test buckles:  
Lock the buckle and draw in opposite directions, control the buckle and the stitching.



**Test low/high friction:**

Place the product on a firm surface or a bed, place your hands on the material and test the friction by pushing your hands down into the product.  
Low friction – slides effortlessly  
High friction – no sliding/moving

**Check always:**

<p>Manual transfer aids with handles, straps and buckles:</p>	<p>Manual transfer aids for sitting and lying transfer:</p>
<p>Manual transfer aids with high or low friction:</p>	<p>The product can be scrapped in accordance with national regulations</p> <p>Read the User Manual</p>

If in doubt, please contact Etac Customer Service or local distributor for more information and guidance.