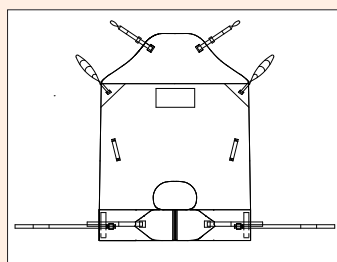


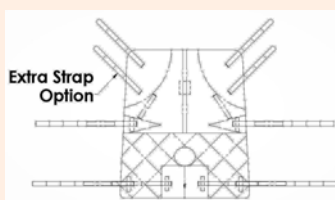
# SLING INSTRUCTION SHEET

## HAMMOCK SLING

The Hammock Sling provides maximum support to the sacral and upper thighs areas and it is often used in cases when an individual needs more support than the Universal Sling provides. This versatile sling supports each thigh independently and in a neutral position, minimizing the amount of hip rotation (internal or external). This is one of the most comfortable and supportive slings and it's suitable for both home and institutional care. This sling is available in a variety of fabrics and with or without head support.



Hammock Sling  
with head support



Quilted  
Hammock Sling  
with head support

| SIZE                      | SPACER | POLYSLIP | MESH/POLY | QUILTED |
|---------------------------|--------|----------|-----------|---------|
| XL<br>with Taped H/S      | 8D4230 | 8D1220   | 8D2230    | 537150  |
| Large<br>with Taped H/S   | 8D4330 | 8D1320   | 8D2330    | 537140  |
| Medium<br>with Taped H/S  | 8D4430 | 8D1420   | 8D2430    | 537130  |
| Small<br>with Taped H/S   | 8D4530 | 8D1520   | 8D2530    | 537120  |
| XSmall<br>with Taped H/S  | 8D4630 | 8D1620   | 8D2630    | 537110  |
| XXSmall<br>with Taped H/S | 8D4730 | 8D1720   | 8D2730    | 537105  |

### SAFE WORKING LOAD:

|          |         |           |           |         |
|----------|---------|-----------|-----------|---------|
| XS & XXS | 625 lbs | 450 lbs   | 450 lbs   | 800 lbs |
| S, M & L | 625 lbs | 625 lbs   | 625 lbs   | 800 lbs |
| XL & XXL | 625 lbs | 1,000 lbs | 1,000 lbs | 800 lbs |

Slings should only be left in place if they are made of spacer fabric. Other fabrics will increase the risk of skin breakdown if left under the patient for long periods of time.

The decision to leave a sling in place must be based on strong clinical reasoning and the rationale should be documented.

A trained professional should always perform a risk assessment to determine which sling should be used.

Always refer to your institutional policies and procedures to ensure appropriate precautions are being followed.

### APPLYING THE SLING WHEN THE CLIENT IS SITTING DOWN:

1. Ask the client to lean forward. If the client cannot do this by him/herself, gently bring him/her forward using the sling behind the shoulders to assist you.

2. Apply the sling:

- Tuck the sling down behind the client's back with the tag on the outside
- The bottom edge should fall just below the tailbone
- Let the rest of the sling slide down between the client's back and the chair back



3. Tuck the leg bands under the client's thighs and pull tightly to ensure that they are of equal length



4. At the base of the leg section strap there is a loop. Bring the straps together by passing one strap through the loop



5. Bring the top of the sling in line with the client's shoulders

6. Attach the loops on the straps to the carry bar on the lift

- Make sure you use the same colour loops on both sides of the sling



- Remember: Short loops for Shoulders, and Long loops for Legs if you want the client to be lifted in an upright seated position

- Ensure loops remain securely attached to the carry bar as you lift.

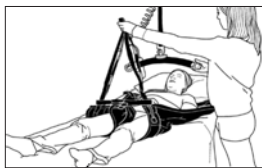


# SLING INSTRUCTION SHEET

## HAMMOCK SLING

### WHEN THE CLIENT IS LYING DOWN:

1. Assist the client to roll onto his or her side – have him or her help as much as possible.
2. Position the sling underneath the client:
  - a. Fold the sling in half lengthwise with the tag on the outside
  - b. Place the folded edge 2 inches away from the client and then tuck the top layer under the client's back
  - c. Bottom edge should be at the tailbone and top edge at the shoulders
  - d. Roll the client onto his or her back then walk around to the other side of the bed
  - e. Roll the client away from you just enough that you can pull the tucked flap flat onto the bed
  - f. Roll the client onto his or her back
3. Tuck the leg bands under the client's thighs and pull tightly to ensure that they are of equal length
4. At the base of each leg section strap there is a loop strap. Pass each strap through the respective loop
5. Bring the top of the sling in line with the client's shoulders
6. Attach the loops on the straps to the carry bar on the lift
  - a. Make sure you use the same colour loops on both sides of the sling
  - b. Remember: Short loops for Shoulders, and Long loops for Legs if you want the client to be lifted in an upright seated position
  - c. Ensure loops remain securely attached to the carry bar as you lift.



### LIFTING FROM THE FLOOR:

Before commencing the maneuver, introduce a pillow to ensure the client is comfortable. Follow the procedures 1-2 as above to fit the sling. If using a mobile lift, introduce the lift sling using the method approved in your local area so that the carry bar is positioned correctly above the client.

### LIFTING THE CLIENT

1. a. Begin lifting the client:



- b. Have the client operate the hand control if possible
- c. Once you have reached the point at which there is tension on the straps but the client has not yet been lifted off of the surface, STOP THE LIFT.

- d. Make sure all straps are securely fastened to the carry bar and that the sling has not shifted position on the client's body (i.e., it is not slipping up the client's back and there are no folds or wrinkles in the sling fabric). If you notice anything of concern, stop the lift, and reassess the situation.

2. Transfer the client to the receiving surface

### WASHING INSTRUCTIONS -

The sling should be inserted into a washing/laundry bag prior to being placed into the washer. This is to prevent any unusual wear and tear of the sling by the agitator and/or other parts of the washing machine.



**NOTE:** The Hammock sling is made from polyester & nylon materials. Life expectancy is up to 4 years depending on use, care and laundering process. Always follow general guidelines before use. Discard the sling if any tears or serious defects are found.

### GENERAL GUIDELINES

Only people who have received proper training should attempt to use Handicare Lift Systems. Improper use can lead to serious injury.

#### **Please read and adhere to the following guidelines:**

1. Read all lift instructions before using.
2. Do not exceed safe weight capacity.
3. Visually inspect the sling prior to using it (check for fraying, cuts, or tears to straps and/or material).
4. A balanced fit is a safe fit: position the sling under and around the individual.
5. Do not use the lift systems for anything but their stated purpose.

All Handicare's loop-style slings are compatible with our complete range of carry bars. To ensure anyone using Handicare's Lift Systems is properly trained, an on-going training program should be established. Contact your Handicare representative should you have further questions.