Universal Sling Size Guide

To find waist circumference, measure around the patient 2 inches above the navel.

Size	Height	Weight	Color Code
XS	Under 4ft	Under 110lbs	
Small	4ft – 5ft 6in	95lbs – 150lbs	
Medium	5ft – 6ft	125lbs – 250lbs	
Large	6ft – 7ft	250lbs – 400lbs	
XL	6ft – 7ft	400lbs – 480lbs	
XXL	Over 6ft 6in	Over 480lbs	

Remember to use your best clinical judgment when choosing a sling size which best fits your patient. People come in all different shapes and sizes and two people may weigh the same or be the same height but require different sized slings.

If the patient weighs over 400lbs, a sling consultation is recommended.