

Technical Information:	Real Food Blends™ Item 78185: Turkey, Sweet Potatoes & Peaches Enteral Feeding Liquid Meal
Description	Real Food Blends™ Turkey, Sweet Potatoes & Peaches is a pre-packaged pureed food meal that is fed via feeding tube. Each 9.4-ounce pouch yields an 8-fluid ounce serving (237ml) delivering 14 grams protein, 19 grams fat and 23 grams of carbohydrate in 320 calories.
Ingredients	Sweet Potatoes, Peaches, Cooked Turkey, Water, Olive Oil, Green Beans
Caloric Distribution	18% calories from protein 29% calories from carbohydrate 53% calories from fat
Protein Source	Turkey
Carbohydrate Source	Sweet Potatoes, Peaches, Green Beans
Fat Source	Olive Oil, Turkey
Water Content	68%
Fiber / Source	4 g per serving / Sweet Potatoes, Peaches, Green Beans
Allergens	No Manufactured in a facility that processes: egg, fish, gluten, milk, shellfish, soy, sulphites, tree nuts, and wheat
Gluten Free	Not tested. Does not contain gluten ingredients.
Lactose Content	0 g per serving
Phenylalanine	711 mg per serving
Contraindications	Product is made from usual and customary foods. An individual would not be expected to have a reaction unless they were sensitive, or allergic, to an ingredient. Drug/nutrient interactions should be evaluated by the physician and/or pharmacist.
Kosher Certified	No
Halal Certified	No
User Instruction	<i>Use as directed by your Health Care Professional</i> Bolus - Packaged ready to use. May consume orally. Gravity or pump administration - Add 2-4 ounces of liquid as needed to reduce viscosity. Refrigerate any unused portion and use within 24 hours. Flush tube with water after each feeding.
Nutritional Applications	<i>May help address feeding intolerance for those exhibiting the following symptoms:</i> Gagging/Retching Constipation Diarrhea Vomiting Failure to thrive Bloating/Distension
Free from	Soy, corn, dairy, peanuts, and artificial color/flavor
Shelf Life	3 years from date of manufacture, unopened, at room temperature

As with any real food product, variations in caloric and nutrient levels should be expected due to growing conditions. If a specific medical condition requires precise nutrient levels please discuss with your medical team before using Real Food Blends meals.

NUTRITION INFORMATION¹

	Measure	9.4 oz / 267 g (237 mL single serving)	Per 1000 mL
Calories		320	1,350
Nutrients			
Protein	g	14	59
Carbohydrate	g	23	97
Fiber	g	4	16.9
Sugars	g	9	38
Added Sugars	g	0	0
Total Fat	g	19	80
Saturated Fat	g	3.0	12.7
Monounsaturated Fat	g	12.9	54.3
Polyunsaturated Fat	g	2.5	10.7
Trans Fat	g	0	0
Cholesterol	mg	55	232
Vitamins			
Vitamin A (RAE)	mcg	485	2046
Vitamin C	mg	5	21
Vitamin D	mcg	0	0
Vitamin E (α tocopherol)	mg	4	18
Thiamin (B ₁)	mg	0.10	0.42
Riboflavin (B ₂)	mg	0.25	1.05
Vitamin B ₆	mg	0.39	1.65
Vitamin B ₁₂	mcg	0.73	3.06
Niacin (B ₃)	mg	4.68	19.76
Pantothenic Acid (B ₅)	mg	1.28	5.39
Folate (DFE)	mcg	22	94
Choline	mg	45	190
Vitamin K	mcg	35	147
Minerals			
Sodium	mg (mEq)	80 (3.48)	338 (14.70)
Potassium	mg (mEq)	664 (17.03)	2802 (71.85)
Calcium	mg (mEq)	50 (2.50)	211 (10.55)
Phosphorus	mg (mEq)	182 (11.74)	769 (49.61)
Magnesium	mg (mEq)	43 (3.54)	183 (15.06)
Iodine	mcg		
Copper	mg	0.39	1.66
Zinc	mg	1.68	7.07
Iron	mg	1	4.22
Manganese	mg	0.25	1.04
Selenium	mcg	10	43
Free Water	mL	161	681

¹Nutrition information is calculated based on USDA Nutrient Database Standard Reference and manufacturer specification.

Technical Information:	Real Food Blends™ Item 49750: Eggs, Apples & Oats Enteral Feeding Liquid Meal
Description	Real Food Blends™ Eggs, Apples & Oats is a pre-packaged pureed food meal that is fed via feeding tube. Each 9.4-ounce pouch yields an 8-fluid ounce serving (237ml) delivering 8 grams protein, 20 grams fat and 26 grams of carbohydrate in 320 calories.
Ingredients	Apples, Whole Eggs, Water, Zucchini, Flaxseed Oil, Rolled Oats
Caloric Distribution	11% calories from protein 32% calories from carbohydrate 57% calories from fat
Protein Source	Egg
Carbohydrate Source	Apple, Rolled Oats, Zucchini
Fat Source	Flaxseed Oil, Egg
Water Content	81%
Fiber / Source	3 g per serving / Apple, Rolled Oats, Zucchini
Allergens	Egg <ul style="list-style-type: none"> Manufactured in a facility that processes: egg, fish, gluten, milk, shellfish, soy, sulphites, tree nuts, and wheat
Gluten Free	Not tested. Does not contain gluten ingredients Oats in meal are certified Gluten Free
Lactose Content	0 g per serving
Phenylalanine	460 mg per serving
Contraindications	Egg Allergy <ul style="list-style-type: none"> Product is made from usual and customary foods. An individual would not be expected to have a reaction unless they were sensitive, or allergic, to an ingredient. Drug/nutrient interactions should be evaluated by the physician and/or pharmacist.
Kosher Certified	No
Halal Certified	No
User Instruction	<i>Use as directed by your Health Care Professional</i> <ul style="list-style-type: none"> Bolus - Packaged ready to use. May consume orally. Gravity or pump administration - Add 2-4 ounces of liquid as needed to reduce viscosity. Refrigerate any unused portion and use within 24 hours. Flush tube with water after each feeding.
Nutritional Applications	<i>May help address feeding intolerance for those exhibiting the following symptoms:</i> <ul style="list-style-type: none"> Gagging/Retching Constipation Diarrhea Vomiting Failure to thrive Bloating/Distention
Free from	Soy, corn, dairy, peanuts, and artificial color/flavor
Shelf Life	3 years from date of manufacture, unopened, at room temperature

As with any real food product, variations in caloric and nutrient levels should be expected due to growing conditions. If a specific medical condition requires precise nutrient levels please discuss with your medical team before using Real Food Blends meals.

NUTRITION INFORMATION¹

	Measure	9.4 oz / 267 g (237 mL single serving)	Per 1000 mL
Calories		320	1,350
Nutrients			
Protein	g	8	34
Carbohydrate	g	26	110
Fiber	g	3	12.7
Sugars	g	15	63
Added Sugars	g	0	0
Total Fat	g	20	84
Saturated Fat	g	3.0	12.7
Monounsaturated Fat	G	4.8	20.3
Polyunsaturated Fat	G	11.2	47.2
Trans Fat	g	0	0
Cholesterol	mg	190	802
Vitamins			
Vitamin A (RAE)	mcg	95	402
Vitamin C	mg	44	184
Vitamin D	mcg	1	4.2
Vitamin E(α tocopherol)	mg	1	4
Thiamin (B ₁)	mg	0.10	0.41
Riboflavin (B ₂)	mg	0.29	1.24
Vitamin B ₆	mg	0.19	0.78
Vitamin B ₁₂	mcg	0.46	1.96
Niacin (B ₃)	mg	0.47	2.00
Pantothenic Acid (B ₅)	mg	1.09	4.60
Folate (DFE)	mcg	38	160
Choline	mg	161	679
Vitamin K	mcg	5	20
Minerals			
Sodium	mg (mEq)	80 (3.48)	338 (14.70)
Potassium	mg (mEq)	239 (6.13)	1,008 (25.85)
Calcium	mg	46 (2.30)	194 (9.70)
Phosphorus	mg (mEq)	189 (12.19)	797 (51.42)
Magnesium	mg (mEq)	37 (3.05)	157 (12.92)
Iodine	mcg		
Copper	mg	0.14	0.61
Zinc	mg	1.37	5.78
Iron	mg	2	8.44
Manganese	mg	0.48	2.02
Selenium	mcg	19	80
Free Water	mL	191	805

¹Nutrition information is calculated based on USDA Nutrient Database Standard Reference and manufacturer specification.

Technical Information:	Real Food Blends™ Item 49749: Beef, Potatoes & Spinach Enteral Feeding Liquid Meal
Description	Real Food Blends™ Beef, Potatoes & Spinach is a pre-packaged pureed food meal that is fed via feeding tube. Each 9.4-ounce pouch yields an 8-fluid ounce serving (237ml) delivering 11 grams protein, 18 grams fat and 30 grams of carbohydrate in 330 calories.
Ingredients	Pineapple Juice, Ground Beef, Potatoes, Spinach, Grapeseed Oil
Caloric Distribution	13% calories from protein 37% calories from carbohydrate 50% calories from fat
Protein Source	Ground Beef
Carbohydrate Source	Pineapple Juice, Potato, Spinach
Fat Source	Grapeseed Oil, Ground Beef
Water Content	77%
Fiber / Source	2 g per serving / Potatoes, Spinach, Pineapple Juice
Allergens	No <ul style="list-style-type: none"> Manufactured in a facility that processes: egg, fish, gluten, milk, shellfish, soy, sulphites, tree nuts, and wheat
Gluten Free	Not tested. Does not contain gluten ingredients.
Lactose Content	0 g per serving
Phenylalanine	415 mg per serving
Contraindications	<ul style="list-style-type: none"> Product is made from usual and customary foods. An individual would not be expected to have a reaction unless they were sensitive, or allergic, to an ingredient. Drug/nutrient interactions should be evaluated by the physician and/or pharmacist.
Kosher Certified	No
Halal Certified	No
User Instruction	<i>Use as directed by your Health Care Professional</i> <ul style="list-style-type: none"> Bolus - Packaged ready to use. May consume orally. Gravity or pump administration - Add 2-4 ounces of liquid as needed to reduce viscosity. Refrigerate any unused portion and use within 24 hours. Flush tube with water after each feeding.
Nutritional Applications	<i>May help address feeding intolerance for those exhibiting the following symptoms:</i> <ul style="list-style-type: none"> Gagging/Retching Constipation Diarrhea Vomiting Failure to thrive Bloating/Distension
Free from	Soy, corn, dairy, peanuts, and artificial color/flavor
Shelf Life	3 years from date of manufacture, unopened, at room temperature

As with any real food product, variations in caloric and nutrient levels should be expected due to growing conditions. If a specific medical condition requires precise nutrient levels please discuss with your medical team before using Real Food Blends meals.

NUTRITION INFORMATION¹

	Measure	9.4 oz / 267 g (237 mL single serving)	Per 1000 mL
Calories		330	1,392
Nutrients			
Protein	g	11	46
Carbohydrate	g	30	127
Fiber	g	2	8.4
Sugars	g	14	59
Added Sugars	g	0	0
Total Fat	g	18	76
Saturated Fat	g	3	12.7
Monounsaturated Fat	g	4.1	17.2
Polyunsaturated Fat	g	10.0	42.4
Trans Fat	g	0	0
Cholesterol	mg	30	127
Vitamins			
Vitamin A (RAE)	mcg	129	546
Vitamin C	mg	20	86
Vitamin D	mcg	0	0
Vitamin E (α tocopherol)	mg	5	20
Thiamin (B ₁)	mg	0.13	0.56
Riboflavin (B ₂)	mg	0.13	0.54
Vitamin B ₆	mg	0.33	1.38
Vitamin B ₁₂	mcg	0.96	4.04
Niacin (B ₃)	mg	3.01	12.70
Pantothenic Acid (B ₅)	mg	0.49	2.07
Folate (DFE)	mcg	49	205
Choline	mg	37	157
Vitamin K	mcg	118	497
Minerals			
Sodium	mg (mEq)	60 (2.61)	253 (11.00)
Potassium	mg (mEq)	607 (15.56)	2,561 (65.67)
Calcium	mg (mEq)	55 (2.75)	232 (11.60)
Phosphorus	mg (mEq)	141 (9.10)	594 (38.32)
Magnesium	mg (mEq)	41 (3.37)	173 (14.24)
Iodine	mcg		
Copper	mg	0.19	0.81
Zinc	mg	2.39	10.08
Iron	mg	2	8.44
Manganese	mg	1.16	4.87
Selenium	mcg	9	38
Free Water	mL	182	770

¹Nutrition information is calculated based on USDA Nutrient Database Standard Reference and manufacturer specification.

Technical Information:	Real Food Blends™ Item 49748: Quinoa, Kale & Hemp Enteral Feeding Liquid Meal
Description	Real Food Blends™ Quinoa Kale & Hemp is a pre-packaged pureed food meal that is fed via feeding tube. Each 9.4-ounce pouch yields an 8-fluid ounce serving (237ml) delivering 12 grams protein, 19 grams fat and 32 grams of carbohydrate in 340 calories
Ingredients	Grape Juice, Water, Kale, Hemp Powder, Extra Virgin Olive Oil, Quinoa, Cinnamon
Caloric Distribution	13% calories from protein 37% calories from carbohydrate 50% calories from fat
Protein Source	Hemp powder, Quinoa
Carbohydrate Source	Grape Juice, Quinoa, Hemp Powder, Kale
Fat Source	Olive oil, Hemp powder
Water Content	75%
Fiber / Source	6 g per serving / Hemp, Kale, Quinoa
Allergens	No <ul style="list-style-type: none"> Manufactured in a facility that processes: egg, fish, gluten, milk, shellfish, soy, sulphites, tree nuts, and wheat
Gluten Free	Not tested. Does not contain gluten ingredients.
Lactose Content	0 g per serving
Phenylalanine	392 mg per serving
Contraindications	<ul style="list-style-type: none"> Product is made from usual and customary foods. An individual would not be expected to have a reaction unless they were sensitive, or allergic, to an ingredient. Drug/nutrient interactions should be evaluated by the physician and/or pharmacist.
Kosher Certified	No
Halal Certified	No
User Instruction	<i>Use as directed by your Health Care Professional</i> <ul style="list-style-type: none"> Bolus - Packaged ready to use. May consume orally. Gravity or pump administration - Add 2-4 ounces of liquid as needed to reduce viscosity. Refrigerate any unused portion and use within 24 hours. Flush tube with water after each feeding.
Nutritional Applications	<i>May help address feeding intolerance for those exhibiting the following symptoms:</i> <ul style="list-style-type: none"> Gagging/Retching Vomiting Constipation Failure to thrive Diarrhea Bloating/Distension
Free from	Soy, corn, dairy, peanuts, and artificial color/flavor
Shelf Life	3 years from date of manufacture, unopened, at room temperature

As with any real food product, variations in caloric and nutrient levels should be expected due to growing conditions. If a specific medical condition requires precise nutrient levels please discuss with your medical team before using Real Food Blends meals.

NUTRITION INFORMATION¹

	Measure	9.4 oz / 267 g (237 mL single serving)	Per 1000 mL
Calories		340	1,435
Nutrients			
Protein	g	12	51
Carbohydrate	g	32	135
Fiber	g	6	25.3
Sugars	g	17	72
Added Sugars	g	0	0
Total Fat	g	19	80
Saturated Fat	g	2.5	10.5
Monounsaturated Fat	g	12.3	51.9
Polyunsaturated Fat	g	2.5	10.5
Trans Fat	g	0	0
Cholesterol	mg	0	0
Vitamins			
Vitamin A (RAE)	mcg	72	304
Vitamin C	mg	9	38
Vitamin D	mcg	0	0
Vitamin E (α tocopherol)	mg	4	17
Thiamin (B ₁)	mg	0.29	1.22
Riboflavin (B ₂)	mg	0.16	0.68
Vitamin B ₆	mg	0.20	0.84
Vitamin B ₁₂	mcg	0	0
Niacin (B ₃)	mg	1.98	8.35
Pantothenic Acid (B ₅)	mg	0.20	0.84
Folate (DFE)	mcg	74	312
Choline	mg	10	42
Vitamin K	mcg	217	916
Minerals			
Sodium	mg (mEq)	20 (0.87)	84 (3.65)
Potassium	mg (mEq)	401 (10.28)	1,692 (43.38)
Calcium	mg (mEq)	125 (6.25)	527 (26.35)
Phosphorus	mg (mEq)	355 (22.90)	1,498 (96.65)
Magnesium	mg (mEq)	157 (12.92)	662 (54.49)
Iodine	mcg		
Copper	mg	0.40	1.69
Zinc	mg	2.21	9.32
Iron	mg	7	29.54
Manganese	mg	2	8
Selenium	mcg	2	8
Free Water	mL	178	751

¹Nutrition information is calculated based on USDA Nutrient Database Standard Reference and manufacturer specification.

Technical Information:	Real Food Blends™ Item 49747: Salmon, Oats & Squash Enteral Feeding Liquid Meal
Description	Real Food Blends™ Salmon Oats & Squash is a pre-packaged pureed food meal that is fed via feeding tube. Each 9.4-ounce pouch yields an 8-fluid ounce serving (237ml) delivering 12 grams protein, 20 grams fat and 25 grams of carbohydrate in 330 calories
Ingredients	Pomegranate Juice, Water, Squash Puree, Salmon, Rolled Oats, Flaxseed Oil
Caloric Distribution	14% calories from protein 31% calories from carbohydrate 55% calories from fat
Protein Source	Salmon
Carbohydrate Source	Oats, Pomegranate Juice, Squash
Fat Source	Flaxseed Oil, Salmon
Water Content	79%
Fiber / Source	3 g per serving / Oats, Squash Puree
Allergens	Fish (Salmon) <ul style="list-style-type: none"> Manufactured in a facility that processes: egg, fish, gluten, milk, shellfish, soy, sulphites, tree nuts, and wheat
Gluten Free	Not tested. Does not contain gluten ingredients Oats in meal are certified Gluten Free
Lactose Content	0 g per serving
Phenylalanine	486 mg per serving
Contraindications	Fish Allergy <ul style="list-style-type: none"> Product is made from usual and customary foods. An individual would not be expected to have a reaction unless they were sensitive, or allergic, to an ingredient. Drug/nutrient interactions should be evaluated by the physician and/or pharmacist.
Kosher	No
Halal Certified	No
User Instruction	<i>Use as directed by your Health Care Professional</i> <ul style="list-style-type: none"> Bolus - Packaged ready to use. May consume orally. Gravity or pump administration - Add 2-4 ounces of liquid as needed to reduce viscosity. Refrigerate any unused portion and use within 24 hours. Flush tube with water after each feeding.
Nutritional Applications	<i>May help address feeding intolerance for those exhibiting the following symptoms:</i> <ul style="list-style-type: none"> Gagging/Retching Constipation Diarrhea Vomiting Failure to thrive Bloating/Distention
Free from	Soy, corn, dairy, peanuts, and artificial color/flavor
Shelf Life	3 years from date of manufacture, unopened, at room temperature

As with any real food product, variations in caloric and nutrient levels should be expected due to growing conditions. If a specific medical condition requires precise nutrient levels please discuss with your medical team before using Real Food Blends meals.

NUTRITION INFORMATION¹

	Measure	9.4 oz / 267 g (237 mL single serving)	Per 1000 mL
Calories		330	1,392
Nutrients			
Protein	g	12	51
Carbohydrate	g	25	105
Fiber	g	3	12.7
Sugars	g	10	42
Added Sugars	g	0	0
Total Fat	g	20	84
Saturated Fat	g	3	12.7
Monounsaturated Fat	g	5.0	21.1
Polyunsaturated Fat	g	11.4	48.1
Trans Fat	g	0	0
Cholesterol	mg	25	105
Vitamins			
Vitamin A (RAE)	mcg	140	591
Vitamin C	mg	4	17
Vitamin D	mcg	7	29.54
Vitamin E (α tocopherol)	mg	0.77	3.25
Thiamin (B ₁)	mg	0.12	0.51
Riboflavin (B ₂)	mg	0.10	0.42
Vitamin B ₆	mg	0.24	1.01
Vitamin B ₁₂	mcg	0.60	2.53
Niacin (B ₃)	mg	4.32	18.23
Pantothenic Acid (B ₅)	mg	0.64	2.70
Folate (DFE)	mcg	31	131
Choline	mg	51	215
Vitamin K	mcg	4	17
Minerals			
Sodium	mg (mEq)	30 (1.30)	127 (5.52)
Potassium	mg (mEq)	300 (7.69)	1266 (32.46)
Calcium	mg (mEq)	43 (2.15)	181 (9.05)
Phosphorus	mg (mEq)	205 (13.23)	865 (55.81)
Magnesium	mg (mEq)	72 (5.93)	304 (25.02)
Iodine	mcg		
Copper	mg	0.11	0.46
Zinc	mg	0.85	3.59
Iron	mg	1	4.22
Manganese	mg	0.66	2.78
Selenium	mcg	22	93
Free Water	mL	187	789

¹Nutrition information is calculated based on USDA Nutrient Database Standard Reference and manufacturer specification.

Technical Information:	Real Food Blends™ Item 49746: Chicken, Carrots and Brown Rice Enteral Feeding Liquid Meal
Description	Real Food Blends™ Chicken, Carrots, and Brown Rice is a pre-packaged pureed food meal that is fed via feeding tube. Each 9.4-ounce pouch yields an 8-fluid ounce serving (237ml) delivering 14 grams protein, 20 grams fat and 28 grams of carbohydrate in 340 calories.
Ingredients	Orange Juice, Cooked Chicken, Carrots, Brown Rice, Grapeseed oil, Water, Ginger, Roasted Sunflower Seeds
Caloric Distribution	16% calories from protein 33% calories from carbohydrate 51% calories from fat
Protein Source	Chicken
Carbohydrate Source	Orange Juice, Brown Rice, Carrots
Fat Source	Grapeseed Oil, Cooked Chicken, Sunflower Seeds
Water Content	76%
Fiber / Source	3 g per serving / Carrots, Brown Rice
Allergens	No <ul style="list-style-type: none"> Manufactured in a facility that processes: egg, fish, gluten, milk, shellfish, soy, sulfites, tree nuts, and wheat
Gluten Free	Not tested. Does not contain gluten ingredients.
Lactose Content	0 g per serving
Phenylalanine	543 mg per serving
Contraindications	<ul style="list-style-type: none"> Product is made from usual and customary foods. An individual would not be expected to have a reaction unless they were sensitive, or allergic, to an ingredient. Drug/nutrient interactions should be evaluated by the physician and/or pharmacist.
Kosher Certified	No
Halal Certified	No
User Instruction	<i>Use as directed by your Health Care Professional</i> <ul style="list-style-type: none"> Bolus - Packaged ready to use. May consume orally. Gravity or pump administration - Add 2-4 ounces of liquid as needed to reduce viscosity. Refrigerate any unused portion and use within 24 hours. Flush tube with water after each feeding.
Nutritional Applications	<i>May help address feeding intolerance for those exhibiting the following symptoms:</i> <ul style="list-style-type: none"> Gagging/Retching Vomiting Constipation Failure to thrive Diarrhea Bloating/Distension
Free from	Soy, corn, dairy, peanuts, and artificial color/flavor
Shelf Life	3 years from date of manufacture, unopened, at room temperature

As with any real food product, variations in caloric and nutrient levels should be expected due to growing conditions. If a specific medical condition requires precise nutrient levels please discuss with your medical team before using Real Food Blends meals.

NUTRITION INFORMATION¹

	Measure	9.4 oz / 267 g (237 mL single serving)	Per 1000 mL
Calories		340	1,435
Nutrients			
Protein	g	14	59
Carbohydrate	g	28	118
Fiber	g	3	12.7
Sugars	g	12	51
Added Sugars	g	0	0
Total Fat	g	20	84
Saturated Fat	g	2.5	10.5
Monounsaturated Fat	g	5.2	21.9
Polyunsaturated Fat	g	10.8	45.6
Trans Fat	g	0	0
Cholesterol	mg	45	190
Vitamins			
Vitamin A (RAE)	mcg	395	1667
Vitamin C	mg	25	105
Vitamin D	mcg	0	0
Vitamin E (α tocopherol)	mg	5	21
Thiamin (B ₁)	mg	0.20	0.84
Riboflavin (B ₂)	mg	0.15	0.63
Vitamin B ₆	mg	0.43	1.81
Vitamin B ₁₂	mcg	0.14	0.59
Niacin (B ₃)	mg	5.64	23.80
Pantothenic Acid (B ₅)	mg	1	4
Folate (DFE)	mcg	38	160
Choline	mg	36	152
Vitamin K	mcg	7	30
Minerals			
Sodium	mg (mEq)	90 (3.91)	380 (16.52)
Potassium	mg (mEq)	514 (13.18)	2169 (55.62)
Calcium	mg (mEq)	38 (1.90)	160 (8.00)
Phosphorus	mg (mEq)	192 (12.39)	810 (52.26)
Magnesium	mg (mEq)	57 (4.69)	241 (19.84)
Iodine	mcg		
Copper	mg	0.20	0.84
Zinc	mg	1.39	5.86
Iron	mg	1	4.22
Manganese	mg	0.64	2.70
Selenium	mcg	17	72
Free Water	mL	181	764

¹Nutrition information is calculated based on USDA Nutrient Database Standard Reference and manufacturer specification.



ORDERING INFORMATION

Real Food Blends™ Meal	Item #	Each UPC	Case UPC	First Data NDC Format*	MediSpan NDC Format*	Truven Health Red Book NDC Format*
Chicken, Carrots & Brown Rice 12 x 9.4 oz. Pouches / Case	49746	0 82045 49746 5	7 3066944966 6	Unit: 82045-0497-46 Case: 30669-0449-66	---- 30669-44966	82045-049746 ----
Salmon, Oats & Squash 12 x 9.4 oz. Pouches / Case	49747	0 82045 49747 2	7 3066944967 3	Unit: 82045-0497-47 Case: 30669-0449-67	---- 30669-44967	82045-049747 ----
Quinoa, Kale & Hemp 12 x 9.4 oz. Pouches / Case	49748	0 82045 49748 9	7 3066944968 0	Unit: 82045-0497-48 Case: 30669-0449-68	---- 30669-44968	82045-049748 ----
Beef, Potatoes & Spinach 12 x 9.4 oz. Pouches / Case	49749	0 82045 49749 6	7 3066944969 7	Unit: 82045-0497-49 Case: 30669-0449-69	---- 30669-44969	82045-049749 ----
Eggs, Apples & Oats 12 x 9.4 oz. Pouches / Case	49750	0 82045 49750 2	7 1641778184 4	Unit: 82045-0497-50 Case: 16417-0781-84	---- 16417-78184	82045-049750 ----
Turkey, Sweet Potatoes & Peaches 12 x 9.4 oz. Pouches / Case	78185	7 16417 78185 1	7 1641778186 8	Unit: 16417-0781-85 Case: 16417-0781-86	---- 16417-78186	16417-78185 ----

*NDC Format numbers are for reference to identify the labeler, product, and trade package size for providers.

For insurance billing purposes, all meals are listed under the Healthcare Common Procedure Coding System (HCPCS) B4149.