

Pacer Gait Trainers

The Pacer has helped thousands of people – from the youngest to the oldest – enjoy independence, improved strength, and the confidence to experience new things. Designed for a wide range of clients with varying abilities, the Pacer provides outstanding support and control as they walk. Children and adults alike learn to initiate forward motion and maintain forward momentum, building skills and muscular control with every step.

Flexible and adjustable, the Pacer is renowned for its great design and ease of use. From how easily it folds into the trunk of a car to its modular design, everything about the Pacer encourages forward progress for clients so nothing stands between them and the places they want to go.



“The Pacer is not just a one size fits all piece of equipment, it’s an adjustable device that allows for customized fitting. It is my extra set of hands to assist with positioning and functional mobility skills. It’s a great therapy tool.”

Ryan T. Lockwood, MS, PT, CSCS
Fredericksburg, VA

DESIGNED FOR USE WITH THE
MOVE[®]
PROGRAM

Early start better life

Evidence suggests that early mobility can generate a whole range of positive outcomes. The mini Pacer makes that happen...and gives infants and toddlers a chance at a better life.



Mobility is for everyone.

That simple idea inspired us to design the ever-growing family of Pacers. With five sizes of Pacers, we've ensured that more clients – infants as young as nine months and adults up to 275 lbs – can experience the benefits of walking and gait training.



Key user dimension: Elbow height
Measure the vertical distance from the bent elbow to the floor while the user is standing upright.

Mini Pacer



User dimensions (inches)	K509 mini
Elbow height	15½ – 20½

Small Pacer



User dimensions (inches)	K501 small
Elbow height	18½ – 27½

Pacer features



Adjustable
Simple and safe two-handed height adjustment in 1" increments.



Flexible
Post holds prompts and straps in a wide variety of positions.



Customizable
Prompts attach anywhere; no tools required.

Medium Pacer



User dimensions (inches)	K502 medium
Elbow height	24–34

Large Pacer

The large Pacer has been replaced by our new Dynamic Pacer. See page 2–19 for product information.



User dimensions (inches)	K503 large
Elbow height	31–46

Pacer XL



User dimensions (inches)	K504 XL
Elbow height	34–50



Transportable

The XL, large and medium Pacers fold down for easy transport.



Controllable

Rifton's innovative casters include multiple controls for setting speed and direction.



Adaptable

Easy rear access for transfers; users can face either direction—posterior or anterior.

The secret of Rifton's casters

Conversations with therapists guide all our product designs, and our casters are no different. Perhaps that's why there is nothing quite like a Rifton caster. We design and manufacture each component to maximize your clients' mobility while keeping them safe.

Brake

Simple to use, the brake works independently of the drag function, giving you greater control. To brake the wheel, press the bottom part of the brake pedal all the way down. To release, press the top part. That's it. Locking all four brakes allows your client to practice standing and weight-bearing.

Variable drag

Use this feature to slow down fast-moving clients, prevent veering, or help clients navigate corners. Simply vary the drag by rotating the dial from no drag to max drag. The drag's material, the same as used in automotive brakes, enhances overall control.



Large caster back



Small caster back

Small casters

Designed specially for the mini and small Pacers, the small caster includes all the control features of its larger relatives at a much lighter weight – allowing even infants and toddlers to move about freely with their Pacers.

**Swivel lock**

Each caster locks independently to keep it from swiveling, giving you the ultimate in flexibility and functionality. Lock all four casters to help clients walk in a straight line—lock the two rear casters to eliminate veering sideways while walking—or release them all for movement in any direction.

Ratchet control

Set the one-way ratchet control on each caster to prevent involuntary backward movement. Designed for quieter operation, the ratchet works best when the swivel lock is on.

Large caster front

Upper accessories



Dimensions (inches)	K514 small	K524 medium	K534 large
Range of circumference	14–28	22–40	28–50
Height	4½	6½	8

Chest prompt

The padded chest prompt holds the torso at the desired angle. Available in three sizes, it accommodates a wide range of users.

- Tilt adjusts forward or backward in 15° increments.
- One knob adjusts both tilt angle and width.
- Adjustments can be made while user is in the Pacer.
- Chest prompt stays open for easy transfers.
- Fit the chest prompt snugly to support dependent users, or wrap loosely as a training guide for gaining independent trunk control.
- In its lowest position it becomes a hip corral.
- Padding is covered with cleanable, healthcare-grade vinyl.
- Fits all earlier models of the Pacer.



Create a hip corral by lowering the chest prompt. The medium chest prompt on the larger frames gives support to a tall user.



Handholds

The ergonomic handholds are height-adjustable and rotate in four directions.

- Place handholds anywhere along the top bar of the frame.
- Handholds can be used by the caregiver or the client.



Communication tray

The communication tray holds most communication devices or other small objects.





Hand loops

Secure and highly adjustable, the hand loops boost a client’s sense of stability and confidence while moving. Attach as a pair or singly on the top bar of any Pacer.



Attendant guide bar

The optional attendant guide bar attaches to the center front of the top bar of any size of Pacer Gait Trainer. Rotate 180° to either pull from the front or push from behind the Pacer.



Arm prompts

Versatile arm prompts include height, rotation, angle, lateral proximity and forward/backward adjustments, to accommodate numerous positioning requirements.

- Arm prompts placed at elbow height below the shoulders assist weight-bearing.
- Arm prompts placed at the front of the frame encourage a forward-leaning posture.
- Arm prompts angled upward encourage active upper trunk and head control.
- Individualized positioning accommodates contractures.



Dimensions (inches)	K512 small	K532 large
Padded surface area	4½ x 7	5 x 8½
Range of adjustment (elbow to fist)	8–12½	10½–16



Angle arm prompts upward to encourage head control. Individualized arm prompt positioning supports a user with contractures.

Lower accessories



Hip positioner

Dimensions (inches) – without pad		
	K513 small	K533 large
a Crotch length	2½	3½
b Width	1¼	1¾
c Length	9	11



Pelvic support

User dimensions (inches) Indicated by the red arrow below			
Key user dimension: half of thigh circumference.			
	K556 small	K557 med.	K558 large
	4–8	6–10	8–14
Product dimensions (inches)			
	K556 small	K557 med.	K558 large
a	7	9	12
b	11½	15	20
c	7	9	12

Hip positioner and pelvic support

The hip positioner and pelvic support are designed to encourage good positioning for gait training. While both enable natural pelvic movement and lower extremity weight-shifting, the hip positioner provides more abduction than the pelvic support which has a softer, closer fit.

The key to optimal positioning is the placement and length of the four attachment straps.

- As you transfer a client into the Pacer, clip the posterior strap rings onto the Pacer frame at the optimal position.
- If your client needs partial weight-bearing, raise the handholds and shorten the straps.
- If your client can bear full weight and just needs a safety sling, lower the handholds and lengthen the straps.
- The anterior straps can attach at various locations:
 - The post or the lateral crossbar of the chest prompt
 - The arm prompt posts
 - The top frame side bar in front of the uprights
- To keep your client’s pelvis in midline and behind the shoulders, attach the anterior straps further back on the frame.



Attach the anterior straps of the hip positioner to the cross bar or posts of the chest prompt as a comfortable option for many users.



Only one hand is needed to clip the ring of the pelvic support onto the handhold.



Pelvic support provides minimal abduction and increased freedom of movement.



Dimensions (inches)	K515 small	K535 large
a Distance from clamp to strap	5–8	5–11
b Maximum leg circumference	15	20

Thigh prompts

Thigh prompts swing freely with the user's stride, and prevent leg scissoring while encouraging weight-bearing.

- Thigh prompts are height adjustable in the medial and lateral positions.
- The inside strap maintains leg separation.
- The outer curve limits leg abduction.
- Thigh prompts can prevent the user from turning within the Pacer frame.



The thigh prompts assist leg abduction. Used with the ankle prompts they can also prevent scissoring.



Ankle prompts

Ankle prompts snap securely onto the frame and have comfortably padded ankle straps.

- The spring adjusters limit stride length and control stride placement.
- Strap length adjusts to determine foot separation and prevent scissoring.
- The mini and small Pacers sport smaller ankle prompts suitable for your youngest clients.



Ankle prompts snap into position. Slide the spring adjusters to limit stride, front and back.



Accessories tote

You asked for it, and we delivered. A tough and attractive tote bag big enough (14" x 16" x 9") to keep all your Pacer accessories together when not in use. Made of black ballistic nylon with a zippered top, here's a bag that will hold up to whatever you throw in it and still look great. And like all things Rifton, it's made in the USA.

Features of the Pacer

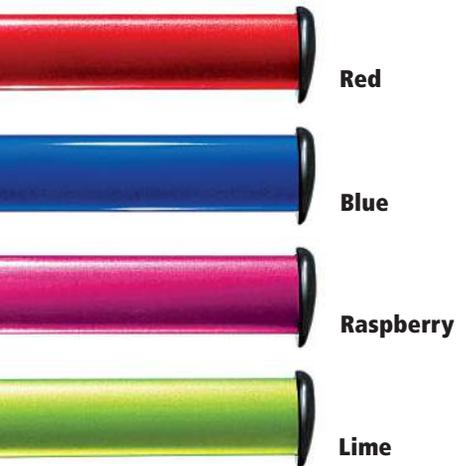
All five sizes are available in four colors.

Easy rear access makes transfers smooth and quick, whether the client faces forward or backward in the frame.

Fully adaptable arm prompts attach quickly to movable clamps on the frame. They can be adjusted in height or angle, with full rotation to accommodate any client positioning need.

Posterior or anterior positioning is possible with the Pacer. The versatile prompts can be placed anywhere on the frame, facing forward or back, to accommodate any positioning need.

Infinite control of the Pacer's speed and direction is possible with innovative casters featuring separate swivel lock, brake, variable drag, and one-way ratchet.



The large Pacer has been replaced by our new Dynamic Pacer.
See page 2-19 for product information.