

# Positioning Checklist for the Rifton E-Pacer

Use this Positioning Checklist as a convenient way to assure optimal use of the E-Pacer. Write notes to customize your instructions for each individual.

\_\_\_\_\_  
INDIVIDUAL'S NAME

\_\_\_\_\_  
STAFF NAME

\_\_\_\_\_  
DATE

## Height (in sitting position prior to transfer)



\_\_\_\_\_  
(Specify the number 1-10)

## Height (for standing position)



\_\_\_\_\_  
(Specify the number 1-10)

## Body Support System



- Snug to trunk
- Loosely around trunk



## Scale

\_\_\_\_\_ Individual's weight  
\_\_\_\_\_ Target partial weight-bearing amount (in lbs)

## Hand Grips



Client uses hand grips on frame

Yes  No

# Forearm Support Holder



## Forearm Support Mounting Bracket

- Longer end downward
- Longer end upward

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### Low Position



#### Left

- Low and forward
- Low and backward

#### Height:

- ½ notch visible below
- no notches visible
- ½ notch visible above
- 1½ notches visible above
- 2½ notches visible above

#### Right

- Low and forward
- Low and backward

#### Height:

- ½ notch visible below
- no notches visible
- ½ notch visible above
- 1½ notches visible above
- 2½ notches visible above

### High Position



#### Left

- High and forward
- High and backward

#### Height:

- 2½ notches visible below
- 1½ notches visible below
- ½ notches visible below
- no notches visible
- ½ notch visible above

#### Right

- High and forward
- High and backward

#### Height:

- 2½ notches visible below
- 1½ notches visible below
- ½ notches visible below
- no notches visible
- ½ notch visible above

## Forearm Support



### Left

Angle up  Angle down  Straight

\_\_\_\_\_ Rotation position

(specify as o'clock when positioned in the E-Pacer)

### Right

Angle up  Angle down  Straight

\_\_\_\_\_ Rotation position

(specify as o'clock when positioned in the E-Pacer)

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## Arm Platforms



### Left

Attachment position with platform FORWARD

Attachment position with platform BEHIND

Angle up  Angle down  Straight

\_\_\_\_\_ Rotation position

(specify as o'clock when positioned in the E-Pacer)

### Right

Attachment position with platform FORWARD

Attachment position with platform BEHIND

Angle up  Angle down  Straight

\_\_\_\_\_ Rotation position

(specify as o'clock when positioned in the E-Pacer)

## Used for Transfer

### Thigh Straps



- Narrow  Wide
- Use third seat strap  Narrow  Wide

### Position in E-Pacer

- Client faces caregiver handle
- Client faces away from caregiver handle

### Left

Front strap

Yellow (recommended) Other: \_\_\_\_\_

Back strap

- Red  White  Blue  Gray

### Right

Front strap

Yellow (Recommended) Other: \_\_\_\_\_

Back strap

- Red  White  Blue  Gray

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## Used for Mobility

### Pelvic Support Small Medium Large



### Color-coded Clips

Left front strap

- Red  White  Blue  Gray

Right front strap

- Red  White  Blue  Gray

Left back strap

- Red  White  Blue  Gray

Right back strap

- Red  White  Blue  Gray

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## Used for Mobility

### Hip Positioner Small Medium Large



### Color-coded Clips

Left front strap

- Red  White  Blue  Gray

Right front strap

- Red  White  Blue  Gray

Left back strap

- Red  White  Blue  Gray

Right back strap

- Red  White  Blue  Gray

## Ankle Prompts



Use on:

right ankle  left ankle  both

**Ankle prompt placement:**

**Right** side of Pacer frame

Distance of front spring from front caster \_\_\_\_\_

Distance of back spring from back caster \_\_\_\_\_

Length of strap from frame \_\_\_\_\_

**Left** side of Pacer frame

Distance of front spring from front caster \_\_\_\_\_

Distance of back spring from back caster \_\_\_\_\_

Length of strap from frame \_\_\_\_\_

## Casters



**Odometer in use:**

yes  no

**Front caster settings:**

no setting needed

swivel lock

set direction lock (Push white lever in center down toward the one-way arrow. When used with swivel lock, it will prevent backward movement.)

set drag (Move white dial toward the larger white markings to increase drag resistance.) Specify dial setting: 0 = no resistance and 5 = highest resistance: \_\_\_\_\_

**Rear caster settings:** (see explanations above)

no setting needed  swivel lock  set direction lock  set drag

Dial setting: \_\_\_\_\_