

# THERAPY BENCH

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## INSTRUCTIONS FOR USE

Codes 5541-5546



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## 1.0 INTRODUCTION

Thank you for choosing the Smirthwaite Therapy Bench.

Our popular height and angle adjustable therapy benches are designed to assist in a wide range of children's therapy programmes, both at home and at school.



### **IMPORTANT!**

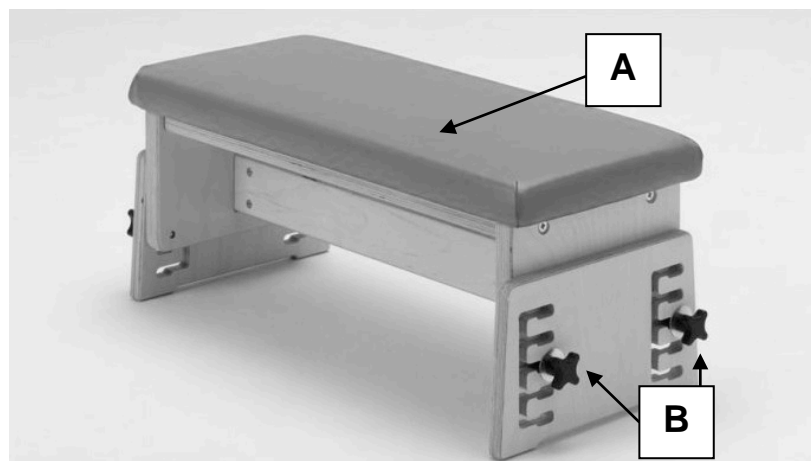
**These instructions should be read by all therapists and carers using the equipment and should be retained for future reference. The product should always be used under adult supervision.**

**Any incorrect use of the product and failure to follow the instructions may put the user at risk or impede the function. If you have any queries using this product or wish for further copies, please do not hesitate to contact Customer Service department**

**This product has been designed and manufactured specifically and solely for use by clients with special needs.**

## 2.0 ILLUSTRATION OF YOUR THERAPY BENCH

- A. Seat cushion
- B. Handwheels



## 2.1 TECHNICAL DATA

Technical data – all dimensions in mm.

Size		1	2	3	4	5	6
Product Code		5541	5542	5543	5544	5545	5546
Width	mm	610	610	820	820	820	820
Depth	mm	250	300	300	380	325	380
Height min	mm	195	195	280	280	405	405
Height max	mm	295	295	455	455	705	705

## 2.2 MAXIMUM USER WEIGHT = 100Kg

## 3.0 FOR YOUR SAFETY



**STOP!**


**Please read these instructions CAREFULLY and THOROUGHLY**

- The user should NOT be left unattended whilst using the bench. Always ensure a responsible therapist or carer is in attendance.
- If you believe the product to be faulty at any time, **DO NOT USE** – contact Smirthwaite by telephone


- The therapist should be familiar with the methods of adjustment and have completed all adjustments appropriately to meet the needs of the child before use.
- The product is **ONLY** to be used indoors on a flat level surface.
- Regular maintenance checks and cleaning are essential for the safe use of this equipment (see Section 6.0 Care and Maintenance).
- Always keep this product away from naked flames, cigarettes and sources of heat including open fireplaces, radiators, heaters.
- **DO NOT** fit parts or accessories of other manufacturers to this product unless authorised to do so in writing by Smirthwaite Ltd. Failure to follow these instructions will not only invalidate the guarantee but could make the product dangerous to use. Smirthwaite Ltd will not accept liability for any injury or damage incurred through such malpractices. Any repairs required must be carried out by Smirthwaite Ltd authorised personnel.

#### 4.0 UNPACKING YOUR THERAPY BOLSTER

- Your product will be delivered assembled.
- Check for damage and missing parts prior to use.

	<b>STOP!</b>
	<p><b>If you believe this product to be faulty – DO NOT USE – Contact Smirthwaite Ltd</b></p>

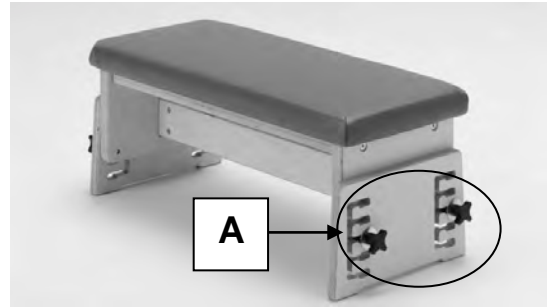
#### 5.0 SETTING UP AND ADJUSTING YOUR THERAPY BENCH

	<b>STOP!</b>
	<p><b>If in any doubt, ALWAYS seek ADVICE</b></p> <p><b>Always turn handwheel, levers and screws clockwise to tighten or anti-clockwise to loosen. The stander must be fully adjusted by a therapist or trained representative before use.</b></p>

##### 5.1 BENCH HEIGHT

The bench adjusts up and down within the safety slots provided at each end.

- Loosen handwheels at one end (A).
- Select the most appropriate slot to the desired height
- Re-tighten handwheels (A)
- Repeat for the second end.



## 5.2 BENCH ANGLE

To slope the bench (change angle), set one end higher than the other using the handwheels as per section 5.1.

## 6.0 CARE AND MAINTENANCE



### IMPORTANT!

**Cleaning is recommended on a regular basis**

- Clean upholstery, metal and wooden parts with a damp cloth and mild detergent
- Stubborn marks on wood work should be cleaned by using a soft brush.
- Do not soak or immerse the product in water.
- Store the product in a cool dry place out of direct sunlight.
- DO NOT use bleach, solvents, abrasives, synthetic detergents, wax polishes, antibacterial sprays or wipes.
- For further information please refer to MHRA or your NHS cleaning guidelines.

## 6.1 DAILY CHECKS

- Check all parts for signs of wear and tear or damage.
- Check all screws, lever locks, and handwheels are present and lock satisfactorily.



### STOP!

**The user should not be seated while the checks are carried out.**

## 6.2 SERVICE INTERVAL


Therapy Benches should be serviced every 3 years. Servicing must only be undertaken by a Smirthwaite service engineer, or by a Smirthwaite trained representative.

## 6.3 NOMINAL SERVICE LIFE

Your product has a nominal service life of 12 years, during which full post-sales support will be available with regard to spares and servicing.

Product service life has been determined based upon the design complexity of product, and the anticipated exposure to normal use.

Good practice dictates all Smirthwaite products have been designed and manufactured to high levels of safety and quality, and will meet requirements of normal use when maintained in line with our servicing recommendations.

	<p><b>STOP!</b></p> <p><b>If the product has been out of use for an extended period of time (6 months or more) it should always be serviced prior to being reissued.</b></p> <p><b>If the product has been subjected to 'heavy' or 'constant' use, the service should be reduced to half the recommended period.</b></p> <p><b>Constant and/or heavy use is considered to be:</b></p> <ul style="list-style-type: none"><li>• Daily use above 7 hours duration</li><li>• Weekly use above 5 days duration</li><li>• Monthly use above 10 months per year</li><li>• Use by a client who is at 90% to 100% of the maximum weight limit of the product. The maximum weight limit must <b>NEVER</b> be exceeded</li><li>• Use by a client who is extremely active, either voluntarily or involuntarily</li></ul>
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## 6.4 EXTENDING NOMINAL SERVICE LIFE

At Smirthwaite we are proud to produce products that have a reputation for quality and durability.

We believe our products have the potential to provide benefits to our clients beyond the nominal service life documented above.

We will continue to provide full support beyond the nominal service life provided the following conditions are met:

5. A full service schedule has been maintained.
6. A full service and inspection is undertaken at the end of the nominal service life period
7. The product is subsequently serviced annually (or biannually if under 'heavy/constant' use conditions)


8. Smirthwaite reserve the right to limit support where parts/components are no longer available

## 6.5 DOCUMENTATION/RECORDS

- It is the responsibility of the current equipment owner to ensure the 'Instructions for Use' manual and any further manuals for accessories fitted to the equipment are handed over to the new owner at the time of exchange/sale
- It is the responsibility of the current equipment owner to ensure the service and inspection record form is kept up to date

## 6.6 PRODUCT CONFIGURATION

- Smirthwaite will document and maintain a record of the original product configuration at the time of first sale
- Smirthwaite will not be held responsible for any subsequent changes to this configuration unless authorized to do so in writing by Smirthwaite Ltd
- It is the equipment owner's responsibility to maintain their own records of changes to the equipment configuration and to be able to provide such records to subsequent owners to maintain traceability
- We recommend an inspection/service by a Smirthwaite Service Engineer (or Smirthwaite trained engineer) whenever a significant change is made to product configuration to ensure the product is safe to use. **If in any doubt, ALWAYS seek ADVICE**

	<b>IMPORTANT REMINDER!</b>
	<b>DO NOT</b> fit parts or accessories of other manufacturers to this product unless authorized to do so in writing by Smirthwaite Ltd.
	Any servicing or repairs required must be carried out by Smirthwaite Ltd (or a Smirthwaite trained engineer).
	<b>If you believe this product to be faulty – DO NOT USE – Contact Smirthwaite Ltd</b> <b>If in any doubt, ALWAYS seek ADVICE.</b>

## 7.0 WARRANTY & SERVICE

Smirthwaite Ltd warrants the products detailed on your order to be free from defects in materials and workmanship for a period of 2 years from date of delivery. If a fault

develops during the period, please call Customer Services by email or telephone who will advise you on the best course of action. Possible action may be for us to arrange to send out one of our Service Engineers, or have the goods returned to us. Should a repair not be possible within the guarantee period we will replace the product for new or nearest equivalent product. In the unlikely event that we cannot repair or exchange we will refund in full.

This warranty is for the UK only. The warranty excludes faults due to accident, neglect, misuse, not following the Instructions and normal wear and tear. This warranty is in addition to your legal rights. Goods will only be collected from the original delivery address.

A charge may be made where the goods cannot be repaired under the terms of the warranty. You will be advised before this is made.

## **8.0 CONTINUOUS IMPROVEMENT**

Smirthwaite Ltd are committed to continuous improvement to their product range. Should you have any suggestions or comments please send them to our product design department

Smirthwaite Ltd reserve the right to change the specification or material without prior notice.

For catalogues, help and further information on our products please contact us at:  
Smirthwaite Ltd  
16 Wentworth Road  
Heathfield  
Devon  
TQ12 6TL

## **9.0 SERVICE INSPECTION**

### **9.1 Product Information**

Model	
Size	
Date of Manufacture	
Serial Number	
Final Inspection	

### **9.2 Service & inspection record form:**



Date	Procedure	Service Personnel