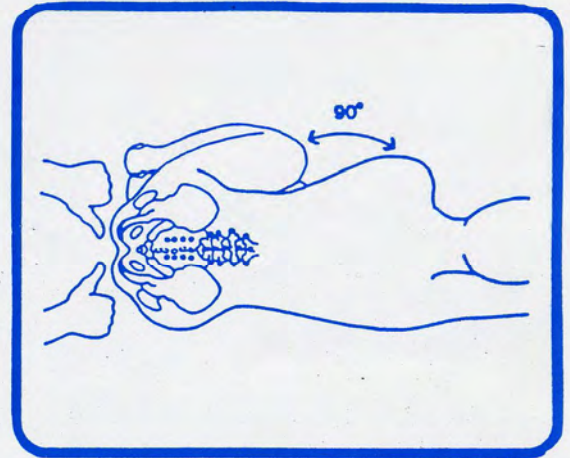


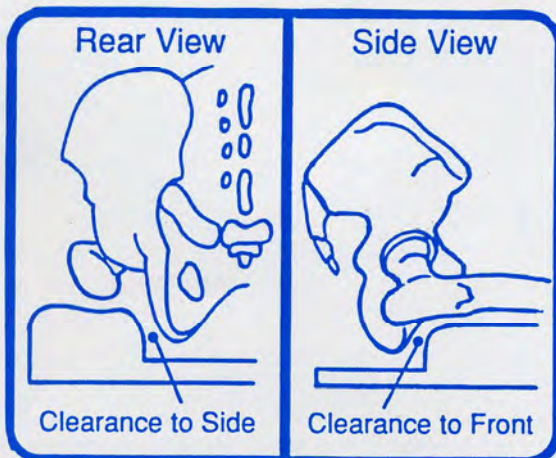
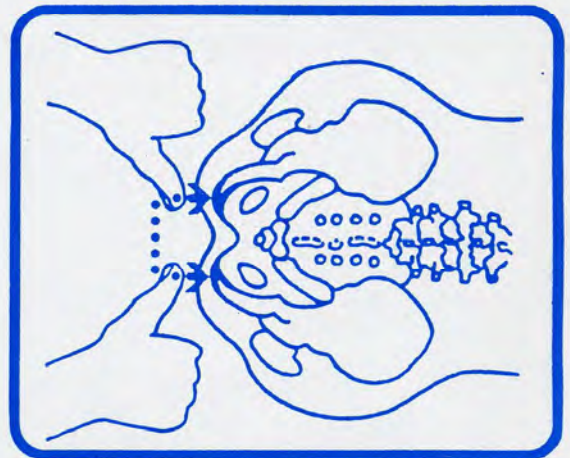
Sizing & Positioning the ISCH-DISH™

3 Easy Steps...

- 1. Feel for Ischials**
With user side-lying,
knees pulled to chest.



- 2. Measure Ischial Span**
Center to center; choose cushion
according to ischial span range:
4.25 - 5 inches = small pocket
or
5 - 5.75 inches = medium pocket
or
5.75 - 6.75 inches = large pocket



- 3. Upon first use,
Confirm Pocket Fit
& Proper Cushion
Position**

- Finger width clearance to bone of ischium.
- Thighs should be level, feet supported.