

about theraplay

history

Since our first hand propelled tricycle was conceived and produced in 1970 for a local charity, **Theraplay** has sought to design and manufacture stylish cycles which are appealing to children and adults of all ages.

Now in our 5th decade, the range has expanded to 21 cycles in various sizes and styles, all manufactured in the UK to the same high standards using quality components and materials. Many of the designs and unique features of our products have been influenced by suggestions from riders, families and therapists. We are always working on new designs and ideas to enable even more riders to enjoy the thrill of cycling.



Free Assessments

Theraplay offers the chance for every rider to take a cycle for a test ride. We strongly recommend that when purchasing our products you take advantage of our free, no-obligation assessment service which is available throughout the UK and Ireland. These are conducted by our experienced Product Advisors who will give guidance on the appropriate options and provide detailed quotations for the cost.

cycles for life

goals

Cycling is an exercise that can be enjoyed throughout life. As we age not only does our physical stature change but our ability to cycle can also vary, sometimes it will improve other times we may need a little more assistance. **Theraplay** cycles are modular and are designed to adapt to the changing needs of the rider, supports can be changed or transferred between models and cycles can be part-exchanged to reduce the life-time cost of cycling.



Warranty and Aftercare

All our products are supplied with a 2 year warranty. We can also offer an on-site inspection and service facility for complete peace of mind.

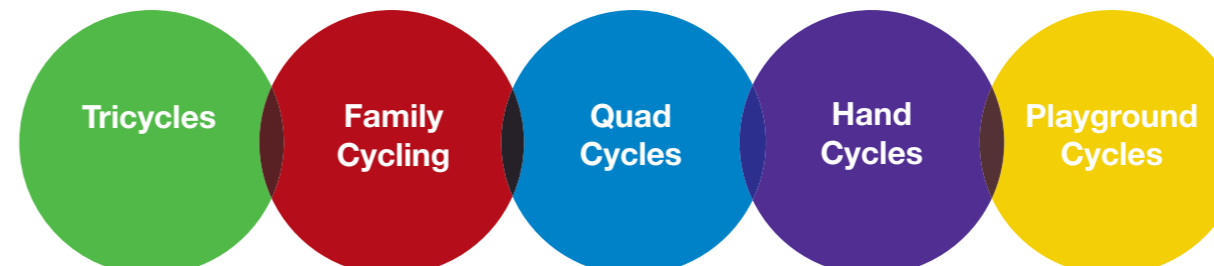
benefits of cycling

Increasingly therapists and families are realising the benefits to be gained from riding tricycles. Not only are they seeing the fun triking gives the rider, they are witnessing the therapeutic benefits it provides through muscle stimulation and cardiovascular exercise.

“Lower-limb cycling for 3 sessions per week of 20 minutes each over a period ranging from 1.5 to 16 months improved cardiorespiratory fitness in a sample of 22 children and young adults with CP.”
United Cerebral Palsy 2008.

Cycling offers the chance for individuals to exercise muscles without impact and to be supported at the pelvis, feet and hands. **Theraplay** has a range of options to provide the optimum support at these three points of contact to enable the rider to achieve the greatest reward for their effort. It is our goal to get each rider cycling independently in a safe and controlled manner.

Key theraplay products are:



“
As well as improving physical health, cycling has a positive affect on emotional health - improving levels of well-being, self confidence and tolerance to stress while reducing tiredness, difficulties with sleep and a range of medical symptoms.
”
- Cycling England



Tricycles

The tricycles are available in five sizes and share the same distinctive sporty appearance. Comfort and support is provided by the extra wide padded saddle, an essential component therapists recommend for a stable seating position. This is complemented by the adjustable high-low bend handlebars and seat adjustments which combine to ensure the rider is in the optimum position to pedal and control the tricycle in a confident manner. The secure feeling provided by the broad wheelbase and well balanced handling coupled with the extensive range of positional accessories ensure that each trike can be tailored to the individual requirements of each rider.

imp



Model shown with adjustable trunk support and footrests.

Designed with younger children in mind, the **Imp** is suitable for children from around 2½ years. It has a low gear ratio for easy pedalling, 12½" wheels, caliper brake and smaller diameter handlebars for smaller fingers and hands.



Standard colours    Other colour options are available



terrier

Model shown with adjustable trunk support and footrests.

A rugged trike for children from 4½ years, this model has 16" wheels and a caliper brake with a parking brake mechanism. The **Terrier** has a frame folding mechanism option which allows the frame to be folded for transportation and storage.

Standard colours    Other colour options are available



TMX



Model shown with in-line trunk support, footrests, cumfigrip handlebars and rear steering mech.

A robust tricycle designed to accommodate the larger and heavier child. The **TMX** has 20" wheels, a caliper brake with a parking brake mechanism and an option which allows the frame to be folded for transportation and storage.

Standard colours    Other colour options are available



Build your own Trike

Over the decades, we have conducted over 40,000 assessments where a rider gets the chance to take a cycle for a test ride. For many it is their first chance to cycle and for others it is a chance to try out bigger and newer models. The experience gained from this service has enabled us to create cycles which can be customised to each individual rider.

Every individual's requirements are unique and because of this **Theraplay** has designed our cycles to be modular so each rider can select what they want and need to make the experience more enjoyable and rewarding. If the rider's requirements change it is easy to change the set-up of the cycle so the rider can maintain their optimum cycling performance.

Appearance



Looking good and feeling comfortable is important. Modern styling, the use of quality cycle components and a choice of 10 frame colours mean that we have something for everyone.

Gearing Options



All models are fitted with a low ratio 1:1 fixed gear (1 revolution of the pedals: 1 revolution of the wheels). This enables the rider to get going easily, allows the tricycle to be reversed and helps to slow speeders. The gear ratio can be changed to increase the speed of the cycle depending upon the riders ability to control it. Alternative gear types can be fitted such as freewheel, option drive (both fixed & freewheel), and 5 speed indexed gear (only on T5 models).

Frame Geometry



Designed to make pedaling easy, the frame geometry enables the rider to have a smooth even pedaling motion while maintaining a comfortable position.

Dual Axle Drive System



A unique dual axle drive system has been developed to reduce resistance when pedaling. This feature ensures that our trikes are the easiest to pedal. If used in conjunction with a low gearing option, riders with very low muscle tone can enjoy the freedom of cycling independently.

Optional Accessories



A range of interchangeable accessories enable customization to suit a riders positional and support requirements.

Stability



All models are designed with a low centre of gravity, a broad wheelbase and a wide rear axle for stability. A steering stop limiter is fitted to control the turning circle of the tricycle.

The tricycles can be supplied with a frame folding/separating option which allows them to be stored and easily transported.



