



## **ADHD Weighted Products**

### **Directions for Use:**

#### **Weighted Vests.**

To use, place desired weights in pockets on front and back of vest. Close pockets with Velcro seal on top of pockets. Place vest on child/adult and Velcro front closed.

#### **Weighted Blankets.**

To use, place desired weights in the three Velcro closure pockets. Wrap around child/adult or place over lap.

#### **Weighted Critters.**

Place on child/adult's lap or wrap around shoulders.

**MADE IN THE USA**